

SATURDAY 3K

Last Name	First Name	Event	Wave Time
Adams	Andrew	SATURDAY - 3KM	15.00PM WAVE
Adams	Andrew	SATURDAY - 3KM	9:20AM WAVE
Airey	Lisa	SATURDAY - 3KM	11:20AM WAVE
Airey	Rosie	SATURDAY - 3KM	10AM WAVE
Aiston	Michelle	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Akdeniz	Cem	SATURDAY - 3KM	13.20PM WAVE
Akdeniz	Haris	SATURDAY - 3KM	13.20PM WAVE
Akdeniz	Isabela	SATURDAY - 3KM	13.20PM WAVE
Akpabio	Akan	SATURDAY - 3KM	10.40AM WAVE
Allan	Gillian	SATURDAY - 3KM	14.00PM WAVE
Allan	WILLIAM	SATURDAY - 3KM	14.00PM WAVE
Allan	HENRY	SATURDAY - 3KM	14.00PM WAVE
Allen	Dom	SATURDAY - 3KM	10.40AM WAVE
Allen	Elliot	SATURDAY - 3KM	12:40PM WAVE
Allen	Paul	SATURDAY - 3KM	12:40PM WAVE
Allen	Lisa	SATURDAY - 3KM	12:40PM WAVE
Allen	Joshua	SATURDAY - 3KM	12:40PM WAVE
Allen	Kathryn	SATURDAY - 3KM	13.40PM WAVE
Allen-Cowen	Christopher	SATURDAY - 3KM	13.40PM WAVE
Allison	Steven	SATURDAY - 3KM	15.20PM WAVE
Allison	Daniel	SATURDAY - 3KM	15.20PM WAVE
Allonby	Joshua	SATURDAY - 3KM	12.20PM WAVE
Allonby	Martin	SATURDAY - 3KM	12.20PM WAVE
Allonby	Adele	SATURDAY - 3KM	12.20PM WAVE
Alston	Carolyn	SATURDAY - 3KM	10.20AM WAVE
Alvey	Oliver	SATURDAY - 3KM	13.00PM WAVE
Alvey	Freddie	SATURDAY - 3KM	13.00PM WAVE
Alvey	Emma	SATURDAY - 3KM	13.00PM WAVE
Andrews	Kristy	SATURDAY - 3KM	14.40PM WAVE
Andrews	Tom	SATURDAY - 3KM	9:40AM WAVE
Andrews	Lee	SATURDAY - 3KM	9:40AM WAVE
Archibald	Mason	SATURDAY - 3KM	14.40PM WAVE
Archibald	Kelly	SATURDAY - 3KM	14.40PM WAVE
Armstrong	Rocco	SATURDAY - 3KM	12:40PM WAVE
Armstrong	Jordan	SATURDAY - 3KM	15.20PM WAVE
Armstrong	Kian	SATURDAY - 3KM	14.20PM WAVE
Armstrong	Jamie	SATURDAY - 3KM	14.20PM WAVE
Armstrong	Terry	SATURDAY - 3KM	14.40PM WAVE
Armstrong	Owen	SATURDAY - 3KM	14.40PM WAVE
Armstrong	Ollie	SATURDAY - 3KM	14.40PM WAVE
Armstrong	Ellis	SATURDAY - 3KM	14.40PM WAVE
Armstrong	Honey	SATURDAY - 3KM	13.00PM WAVE
Armstrong	Violet	SATURDAY - 3KM	13.00PM WAVE
Armstrong	Abbie	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Arnot	Logan	SATURDAY - 3KM	15.20PM WAVE

Ashton	Wendy	SATURDAY - 3KM	14.00PM WAVE
Ashton	Mark	SATURDAY - 3KM	14.00PM WAVE
Ashton	Cerys	SATURDAY - 3KM	14.00PM WAVE
Ashton	Eliza	SATURDAY - 3KM	14.00PM WAVE
Askins	Carl	SATURDAY - 3KM	12:40PM WAVE
Atkins	Christoph	SATURDAY - 3KM	9:40AM WAVE
Atkins	Ewan	SATURDAY - 3KM	9:40AM WAVE
Atkinson	Matthew	SATURDAY - 3KM	12:40PM WAVE
Atkinson	Lorna	SATURDAY - 3KM	12:40PM WAVE
Atkinson	Kyla	SATURDAY - 3KM	13.40PM WAVE
Atkinson	Sam	SATURDAY - 3KM	9:20AM WAVE
Babik	Amelia	SATURDAY - 3KM	13.20PM WAVE
Babik	Maja	SATURDAY - 3KM	13.20PM WAVE
Babik	Julia	SATURDAY - 3KM	13.20PM WAVE
Babik	Bart	SATURDAY - 3KM	13.20PM WAVE
Bailie	Huey	SATURDAY - 3KM	10AM WAVE
Bailie blackett	Orla	SATURDAY - 3KM	10AM WAVE
Baker-Bell	Oscar	SATURDAY - 3KM	11.00AM WAVE
Baker-Bell	Megan	SATURDAY - 3KM	11.00AM WAVE
Ballantyne	Hugh	SATURDAY - 3KM	13.00PM WAVE
Ballantyne	Finn	SATURDAY - 3KM	13.00PM WAVE
Ballantyne	Pippa	SATURDAY - 3KM	13.00PM WAVE
Bannon	Leo	SATURDAY - 3KM	12:40PM WAVE
Bardini	Katie	SATURDAY - 3KM	10.20AM WAVE
Bardini	Aimee	SATURDAY - 3KM	10.20AM WAVE
Bardini	Luca	SATURDAY - 3KM	10.20AM WAVE
Barker	Charlie	SATURDAY - 3KM	12:40PM WAVE
Barker	Luke	SATURDAY - 3KM	14.00PM WAVE
Barlow	Phoebe	SATURDAY - 3KM	9:40AM WAVE
Barlow	Liam	SATURDAY - 3KM	13.40PM WAVE
Barrett	Gareth	SATURDAY - 3KM	15.20PM WAVE
Barrett	Jack	SATURDAY - 3KM	15.20PM WAVE
Barrett	Harry	SATURDAY - 3KM	15.20PM WAVE
Barwick	Abbie	SATURDAY - 3KM	15:40PM WAVE
Batey	Ella	SATURDAY - 3KM	10AM WAVE
Batey	Ciaran	SATURDAY - 3KM	10AM WAVE
Batey	Heidi	SATURDAY - 3KM	10AM WAVE
Batey	Kane	SATURDAY - 3KM	10AM WAVE
Batey	Samantha	SATURDAY - 3KM	15.00PM WAVE
Batey	Jack	SATURDAY - 3KM	15.00PM WAVE
Batey	Ryan	SATURDAY - 3KM	15.00PM WAVE
Batty	Ted	SATURDAY - 3KM	15.00PM WAVE
Baxter	Julie	SATURDAY - 3KM	14.20PM WAVE
Baxter	Matthew	SATURDAY - 3KM	14.20PM WAVE
Beattie	Gareth	SATURDAY - 3KM	13.00PM WAVE
Beattie	Rhian	SATURDAY - 3KM	13.00PM WAVE
Beattie	Maxine	SATURDAY - 3KM	9:20AM WAVE
Beattie	George	SATURDAY - 3KM	9:20AM WAVE

Beattie	Charlie	SATURDAY - 3KM	9:20AM WAVE
Beckett	Di	SATURDAY - 3KM	14.00PM WAVE
Beesley	Wendy	SATURDAY - 3KM	10AM WAVE
beesley	Chris	SATURDAY - 3KM	10AM WAVE
Beesley	Alice	SATURDAY - 3KM	10AM WAVE
Beesley	Daniel	SATURDAY - 3KM	10AM WAVE
Bell	Charlotte	SATURDAY - 3KM	14.00PM WAVE
Bell	Mandy	SATURDAY - 3KM	14.00PM WAVE
Bell	Chloe	SATURDAY - 3KM	14.00PM WAVE
Bell	Lynn	SATURDAY - 3KM	15.20PM WAVE
Bell	Kieran	SATURDAY - 3KM	14.20PM WAVE
Bell	Tyler	SATURDAY - 3KM	14.40PM WAVE
Bell	Adrian	SATURDAY - 3KM	14.40PM WAVE
Bell	Jason	SATURDAY - 3KM	14.40PM WAVE
Bell	Michelle	SATURDAY - 3KM	15:40PM WAVE
Bell	Geoff	SATURDAY - 3KM	14.00PM WAVE
Bell	Colette	SATURDAY - 3KM	14.00PM WAVE
Bell	Finn	SATURDAY - 3KM	14.00PM WAVE
Bell	Will	SATURDAY - 3KM	14.00PM WAVE
Bell	Michael	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Bell	Kieran	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Bell	Craig	SATURDAY - 3KM	10AM WAVE
Bell	Jessica	SATURDAY - 3KM	10AM WAVE
Bell	Finley	SATURDAY - 3KM	10AM WAVE
Bell	Ethan	SATURDAY - 3KM	15.00PM WAVE
Bell	Oscar	SATURDAY - 3KM	15.00PM WAVE
Bell	James	SATURDAY - 3KM	15.00PM WAVE
Bell	Charlotte	SATURDAY - 3KM	15.00PM WAVE
Bell	Luke	SATURDAY - 3KM	15.00PM WAVE
Bennett	Oliver	SATURDAY - 3KM	11.00AM WAVE
Bennett	Osker	SATURDAY - 3KM	11.00AM WAVE
Bennett	Rowan	SATURDAY - 3KM	11.00AM WAVE
Bento	Thali	SATURDAY - 3KM	14.00PM WAVE
Berkeley	Elizabeth	SATURDAY - 3KM	11:20AM WAVE
Berkeley	Alfred	SATURDAY - 3KM	11:20AM WAVE
Berkeley	Lyra	SATURDAY - 3KM	11:20AM WAVE
Berkeley	Daniel	SATURDAY - 3KM	11:20AM WAVE
Betts	John	SATURDAY - 3KM	10.20AM WAVE
Betts	Luke	SATURDAY - 3KM	10.20AM WAVE
Betts	Michael	SATURDAY - 3KM	11:20AM WAVE
Bickersteth	Adam	SATURDAY - 3KM	9:40AM WAVE
Bickersteth	Tomek	SATURDAY - 3KM	9:40AM WAVE
Bickersteth	Henryk	SATURDAY - 3KM	9:40AM WAVE
Binks	Hannah	SATURDAY - 3KM	10AM WAVE
Blackburn	Katie	SATURDAY - 3KM	11:20AM WAVE
Blackburn	Alfie	SATURDAY - 3KM	11:20AM WAVE
Blackburn	Sam	SATURDAY - 3KM	11:20AM WAVE
Blackburn	Ryan	SATURDAY - 3KM	11:20AM WAVE

Blackett	Gem	SATURDAY - 3KM	10.20AM WAVE
blackett	david	SATURDAY - 3KM	10AM WAVE
Blackwood	Barry	SATURDAY - 3KM	10.20AM WAVE
Blair	Zarah	SATURDAY - 3KM	10.20AM WAVE
Blair	Reece	SATURDAY - 3KM	10.20AM WAVE
Blake	Evie	SATURDAY - 3KM	10AM WAVE
Bland	Tara	SATURDAY - 3KM	14.00PM WAVE
Bland	Eithen	SATURDAY - 3KM	14.00PM WAVE
Bland	Morgan	SATURDAY - 3KM	14.00PM WAVE
Blaylock	Chris	SATURDAY - 3KM	13.40PM WAVE
Blaylock	Joe	SATURDAY - 3KM	13.40PM WAVE
Blaylock	Jodie	SATURDAY - 3KM	9:20AM WAVE
Boddy	Roan	SATURDAY - 3KM	13.20PM WAVE
Boertien	Elle	SATURDAY - 3KM	14.20PM WAVE
Bolton	Wendy	SATURDAY - 3KM	15.20PM WAVE
Bolton	Natalie	SATURDAY - 3KM	15.20PM WAVE
Bolton	Joseph	SATURDAY - 3KM	15.20PM WAVE
Bolton	Louise	SATURDAY - 3KM	15.20PM WAVE
Bond	Leigh	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Bond	Logan	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Borgia	Rowan	SATURDAY - 3KM	12:40PM WAVE
Borradaile	Claire	SATURDAY - 3KM	9:20AM WAVE
Borradaile	Ian	SATURDAY - 3KM	9:20AM WAVE
Borradaile	Holly	SATURDAY - 3KM	9:20AM WAVE
Borradaile	Adam	SATURDAY - 3KM	9:20AM WAVE
Bouch	Isaac	SATURDAY - 3KM	13.00PM WAVE
Bouch	Tom	SATURDAY - 3KM	10AM WAVE
Bouch	Alexandra	SATURDAY - 3KM	13.00PM WAVE
Bowen-Gibson	Lauren	SATURDAY - 3KM	10.20AM WAVE
Bowes	Taylor	SATURDAY - 3KM	15.20PM WAVE
Bowes	Andi	SATURDAY - 3KM	15.20PM WAVE
Bowman	Frances	SATURDAY - 3KM	10.40AM WAVE
Bowman	Scott	SATURDAY - 3KM	10.40AM WAVE
Bowman	Scarlett	SATURDAY - 3KM	9:40AM WAVE
Bowman	Stuart	SATURDAY - 3KM	10.20AM WAVE
Bowness	Helen	SATURDAY - 3KM	11:20AM WAVE
Bowness	Thomas	SATURDAY - 3KM	11:20AM WAVE
Bowness	Joseph	SATURDAY - 3KM	11:20AM WAVE
Braniff	Adam	SATURDAY - 3KM	15.20PM WAVE
Braniff	Jack	SATURDAY - 3KM	15.20PM WAVE
Brier	David	SATURDAY - 3KM	16.00PM WAVE
Brier	Jack	SATURDAY - 3KM	16.00PM WAVE
Briggs	Lewis	SATURDAY - 3KM	10.40AM WAVE
Britton	Casey	SATURDAY - 3KM	13.20PM WAVE
Britton	Daniel	SATURDAY - 3KM	13.20PM WAVE
Broach	Liam	SATURDAY - 3KM	14.20PM WAVE
Broach	Mark	SATURDAY - 3KM	14.20PM WAVE
Brocklebank	Tom	SATURDAY - 3KM	15.00PM WAVE

Brocklebank	Tom	SATURDAY - 3KM	15.00PM WAVE
Brocklebank	Tom	SATURDAY - 3KM	15.00PM WAVE
Brough	Laura	SATURDAY - 3KM	10.20AM WAVE
Brough	Josh	SATURDAY - 3KM	10.20AM WAVE
Brown	Joel	SATURDAY - 3KM	12:40PM WAVE
Brown	Lila	SATURDAY - 3KM	12:40PM WAVE
Brown	Lynne	SATURDAY - 3KM	13.20PM WAVE
Brown	Charlie	SATURDAY - 3KM	13.20PM WAVE
Brown	Alfie	SATURDAY - 3KM	13.20PM WAVE
Brown	William	SATURDAY - 3KM	13.20PM WAVE
Brown	Xavier	SATURDAY - 3KM	14.40PM WAVE
Brown	Martin	SATURDAY - 3KM	14.40PM WAVE
Bulman	Freya	SATURDAY - 3KM	14.40PM WAVE
Bulman	David	SATURDAY - 3KM	14.40PM WAVE
Burgess	Mark	SATURDAY - 3KM	11:40AM WAVE
Burgess	Charlie	SATURDAY - 3KM	11:40AM WAVE
Burgess	Shelley	SATURDAY - 3KM	11.00AM WAVE
Burns	Jason	SATURDAY - 3KM	12PM WAVE
Bush	Jack	SATURDAY - 3KM	14.00PM WAVE
Bushby	Rowan	SATURDAY - 3KM	11:40AM WAVE
Byerley	Nathan	SATURDAY - 3KM	13.00PM WAVE
Cadden	Vicky	SATURDAY - 3KM	11:20AM WAVE
Callaghan	Jacob	SATURDAY - 3KM	14.20PM WAVE
Callander	Edward	SATURDAY - 3KM	12PM WAVE
Callander	Lucy-Beth	SATURDAY - 3KM	12PM WAVE
Callander	Maddie	SATURDAY - 3KM	12PM WAVE
Callander	Joanne	SATURDAY - 3KM	12PM WAVE
Cameron	Chris	SATURDAY - 3KM	11:40AM WAVE
Cameron	Charlie	SATURDAY - 3KM	11:40AM WAVE
Cammack	Abigail	SATURDAY - 3KM	13.40PM WAVE
Campbell	Zoe	SATURDAY - 3KM	14.20PM WAVE
Campbell-Hilsy	Isabel	SATURDAY - 3KM	14.00PM WAVE
Cannon	Bradley	SATURDAY - 3KM	12:40PM WAVE
Cannon	Stephen	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Cannon	Sienna	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Cannon	Luke	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Carr	Kyle	SATURDAY - 3KM	10.40AM WAVE
Carr	Charlie	SATURDAY - 3KM	14.20PM WAVE
Carr	Ruby	SATURDAY - 3KM	11:20AM WAVE
Carruthers	Saul	SATURDAY - 3KM	14.20PM WAVE
CARRUTHERS	AIDAN	SATURDAY - 3KM	11:40AM WAVE
Carswell	Emma	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Carter	Mason	SATURDAY - 3KM	14.20PM WAVE
Carter	Max	SATURDAY - 3KM	9:20AM WAVE
Carver	Owen	SATURDAY - 3KM	10.20AM WAVE
Carver	Kieron	SATURDAY - 3KM	10.20AM WAVE
Chan	Tilly	SATURDAY - 3KM	14.20PM WAVE
Cheesbrough	Oliver	SATURDAY - 3KM	15.20PM WAVE

Cheesbrough	Archie	SATURDAY - 3KM	15.20PM WAVE
Ciobotaru	Andrei	SATURDAY - 3KM	12:40PM WAVE
Clark	Alfie	SATURDAY - 3KM	14.40PM WAVE
Clark	Megan	SATURDAY - 3KM	14.20PM WAVE
Clarkson	Zak	SATURDAY - 3KM	15.20PM WAVE
Clarkson	Jay	SATURDAY - 3KM	15.20PM WAVE
Clarkson	Lexie	SATURDAY - 3KM	15.20PM WAVE
Clarkson	Isla	SATURDAY - 3KM	15.20PM WAVE
Cleasby	Jessica	SATURDAY - 3KM	12:40PM WAVE
Cleasby	R	SATURDAY - 3KM	13.40PM WAVE
Cleasby	S	SATURDAY - 3KM	13.40PM WAVE
Clements	Lewis	SATURDAY - 3KM	15.20PM WAVE
Cleough	Sarah	SATURDAY - 3KM	14.20PM WAVE
Cleough	Daniel	SATURDAY - 3KM	14.20PM WAVE
Cleough	Tyler	SATURDAY - 3KM	14.20PM WAVE
Cleough	Arron	SATURDAY - 3KM	14.20PM WAVE
Closs	Josie	SATURDAY - 3KM	10AM WAVE
Coady	Imogen	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Coady	Craig	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Cockroft	Lewis	SATURDAY - 3KM	15.20PM WAVE
Cockroft	Rebecca	SATURDAY - 3KM	15.20PM WAVE
Cockroft	Martin	SATURDAY - 3KM	15.20PM WAVE
Cogan	Eve	SATURDAY - 3KM	14.00PM WAVE
Conkey	Nell	SATURDAY - 3KM	14.40PM WAVE
Conkey	Claire	SATURDAY - 3KM	14.40PM WAVE
Conley	Karen	SATURDAY - 3KM	15.20PM WAVE
Conley	Ella	SATURDAY - 3KM	15.20PM WAVE
Conley	Matthew	SATURDAY - 3KM	15.20PM WAVE
Connelly	Lucy	SATURDAY - 3KM	10AM WAVE
Cooney	Reece	SATURDAY - 3KM	10.40AM WAVE
Cooper	Aleisha	SATURDAY - 3KM	10AM WAVE
Corrieri	Thomas	SATURDAY - 3KM	9:40AM WAVE
Corrieri	Chris	SATURDAY - 3KM	9:40AM WAVE
Costello	Ellie	SATURDAY - 3KM	14.40PM WAVE
Costello	Evie	SATURDAY - 3KM	14.40PM WAVE
Coulthard	Jasmin	SATURDAY - 3KM	11:20AM WAVE
Coward	Zak	SATURDAY - 3KM	14.00PM WAVE
Coward	Rob	SATURDAY - 3KM	14.00PM WAVE
Cowing	Kerry	SATURDAY - 3KM	11:40AM WAVE
Cowing	Bobby	SATURDAY - 3KM	11:40AM WAVE
Cowing	Vinny	SATURDAY - 3KM	11:40AM WAVE
Cowton	jack	SATURDAY - 3KM	15.20PM WAVE
Cowton	Lucy	SATURDAY - 3KM	15.20PM WAVE
Cowx	Tom	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Cox	Leanne	SATURDAY - 3KM	13.20PM WAVE
Cox	Kaylee	SATURDAY - 3KM	13.20PM WAVE
Cox	Hannah	SATURDAY - 3KM	14.20PM WAVE
Craig	Jenny	SATURDAY - 3KM	14.40PM WAVE

Craig	Rebecca	SATURDAY - 3KM	14.40PM WAVE
Craig	Samantha	SATURDAY - 3KM	14.40PM WAVE
Craig	John	SATURDAY - 3KM	14.40PM WAVE
Crawley	Mason	SATURDAY - 3KM	12PM WAVE
Crofts	Martin	SATURDAY - 3KM	15.20PM WAVE
Crofts	Oliver	SATURDAY - 3KM	15.20PM WAVE
Crone	Fiona	SATURDAY - 3KM	13.00PM WAVE
Crone	Jamie	SATURDAY - 3KM	14.00PM WAVE
Crone	Charlie	SATURDAY - 3KM	14.00PM WAVE
Crone	Harvey	SATURDAY - 3KM	14.00PM WAVE
Cullen	Charlie	SATURDAY - 3KM	10.40AM WAVE
Cullen	Tommy	SATURDAY - 3KM	14.20PM WAVE
Cupid	Megan	SATURDAY - 3KM	11:20AM WAVE
Cupid	Megan	SATURDAY - 3KM	11:20AM WAVE
Currie	Max	SATURDAY - 3KM	11:40AM WAVE
Dalgleish	Shannon	SATURDAY - 3KM	10AM WAVE
Dalton	Emma	SATURDAY - 3KM	12.20PM WAVE
Darling	Josef	SATURDAY - 3KM	14.00PM WAVE
Davidson	Emily	SATURDAY - 3KM	10.20AM WAVE
Davidson	Sam	SATURDAY - 3KM	11:20AM WAVE
Davidson	Ellie	SATURDAY - 3KM	14.40PM WAVE
Davidson	Jack	SATURDAY - 3KM	14.40PM WAVE
Davidson	Laura	SATURDAY - 3KM	11.00AM WAVE
Davidson	Freddie	SATURDAY - 3KM	11.00AM WAVE
Davidson	Christopher	SATURDAY - 3KM	11.00AM WAVE
Davidson	Barry	SATURDAY - 3KM	10AM WAVE
Davies	Rosie	SATURDAY - 3KM	10AM WAVE
Davison	Sienna	SATURDAY - 3KM	14.00PM WAVE
davison	angela	SATURDAY - 3KM	14.00PM WAVE
Dawes	Tony	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Dawes	Jackie	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Dawes	Jessica	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Dawes	Adam	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Day	Ryan	SATURDAY - 3KM	13.00PM WAVE
Dempster	Josh	SATURDAY - 3KM	13.40PM WAVE
Dempster	Zoe	SATURDAY - 3KM	10.20AM WAVE
Denovellis	Colin	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Dickinson	Nikki	SATURDAY - 3KM	11.00AM WAVE
Dickinson	Neil	SATURDAY - 3KM	11.00AM WAVE
Dickinson	Ebony	SATURDAY - 3KM	11.00AM WAVE
Dickinson	Harry	SATURDAY - 3KM	11.00AM WAVE
Dickinson	Sarah	SATURDAY - 3KM	11.00AM WAVE
Dickinson	David	SATURDAY - 3KM	11.00AM WAVE
Dickinson	David J	SATURDAY - 3KM	11.00AM WAVE
Dixon	Louise	SATURDAY - 3KM	10.20AM WAVE
Dixon	Mat	SATURDAY - 3KM	10.20AM WAVE
Dixon	Tommy	SATURDAY - 3KM	10.20AM WAVE
Dodd	Harry	SATURDAY - 3KM	10.40AM WAVE

Dodd	Jack	SATURDAY - 3KM	10.40AM WAVE
Dodd	Lilly	SATURDAY - 3KM	10AM WAVE
Dodd	Luke	SATURDAY - 3KM	10AM WAVE
Dodd	Daniel	SATURDAY - 3KM	12PM WAVE
Dodd	Archie	SATURDAY - 3KM	12PM WAVE
Dodd	Harley	SATURDAY - 3KM	12PM WAVE
Dodds	Matthew	SATURDAY - 3KM	14.00PM WAVE
Doree	Lauren	SATURDAY - 3KM	13.20PM WAVE
Doswell	Harry	SATURDAY - 3KM	15.00PM WAVE
Doswell	Thomas	SATURDAY - 3KM	15.00PM WAVE
Douglas	Andrew	SATURDAY - 3KM	11:20AM WAVE
Douglas	Freddie	SATURDAY - 3KM	11:20AM WAVE
Dowling	Sophie	SATURDAY - 3KM	10AM WAVE
Dowling	Oscar	SATURDAY - 3KM	10AM WAVE
Dugdale	Lisa	SATURDAY - 3KM	15.00PM WAVE
Dunleivey	Daniel	SATURDAY - 3KM	12.20PM WAVE
Dunlop	Jonathan	SATURDAY - 3KM	15.00PM WAVE
Dunlop	Jake	SATURDAY - 3KM	15.00PM WAVE
Dunlop	Claire	SATURDAY - 3KM	15.00PM WAVE
Dunlop	Harriet	SATURDAY - 3KM	13.00PM WAVE
Dutton	Lucy	SATURDAY - 3KM	14.20PM WAVE
Eagling	Mark	SATURDAY - 3KM	9:40AM WAVE
Eagling	Charlie	SATURDAY - 3KM	9:40AM WAVE
Eagling	Lucy	SATURDAY - 3KM	9:40AM WAVE
Eagling	Abbie	SATURDAY - 3KM	9:40AM WAVE
Earl	Tasha	SATURDAY - 3KM	10.20AM WAVE
Eccles-Graham	Kayla	SATURDAY - 3KM	12:40PM WAVE
Eccles-sim	Lewis	SATURDAY - 3KM	12:40PM WAVE
Edgar	Eden	SATURDAY - 3KM	14.20PM WAVE
Edmonds	Jenny	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Edmondson	Hollie	SATURDAY - 3KM	13.40PM WAVE
Edwards	Kieran	SATURDAY - 3KM	10.20AM WAVE
Elek	Roland	SATURDAY - 3KM	10AM WAVE
Elek	Csenge	SATURDAY - 3KM	10AM WAVE
Ellwood	Carly	SATURDAY - 3KM	10AM WAVE
English	Ryley	SATURDAY - 3KM	10.40AM WAVE
English	Blake	SATURDAY - 3KM	13.00PM WAVE
Errington	Wayne	SATURDAY - 3KM	12:40PM WAVE
Errington	Nicky	SATURDAY - 3KM	12:40PM WAVE
Etheridge	Danny	SATURDAY - 3KM	12PM WAVE
Evans	Anthony	SATURDAY - 3KM	14.00PM WAVE
Evans	Summer	SATURDAY - 3KM	14.00PM WAVE
Evans	Sonny	SATURDAY - 3KM	14.00PM WAVE
Ewart	Sarah	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Ewart	Jessica	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Ewart	Bobby	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Ewart	Mason	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Fallowfield	Ethan	SATURDAY - 3KM	9:20AM WAVE

Famelton-Wardle	Owen	SATURDAY - 3KM	14.00PM WAVE
Farley	Ruella	SATURDAY - 3KM	14.40PM WAVE
Faulder	Zara	SATURDAY - 3KM	11:40AM WAVE
Fee	Beverly	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Fell	Noah	SATURDAY - 3KM	11:20AM WAVE
Fell	Andrew	SATURDAY - 3KM	11:40AM WAVE
Ferguson	J	SATURDAY - 3KM	13.40PM WAVE
Findlay	James	SATURDAY - 3KM	14.00PM WAVE
Fisher	Archie	SATURDAY - 3KM	11:20AM WAVE
Fisher	Harry	SATURDAY - 3KM	11:20AM WAVE
Fitzpatrick	Louise	SATURDAY - 3KM	11.00AM WAVE
Fitzpatrick	Connor	SATURDAY - 3KM	11.00AM WAVE
Fitzpatrick	Thomas	SATURDAY - 3KM	11.00AM WAVE
Fleming	Helen	SATURDAY - 3KM	10AM WAVE
Fleming	Bob	SATURDAY - 3KM	10AM WAVE
Fleming	Ava	SATURDAY - 3KM	10AM WAVE
Fleming	Seth	SATURDAY - 3KM	10AM WAVE
Fleming	Mark	SATURDAY - 3KM	12PM WAVE
Fontana	Josh	SATURDAY - 3KM	14.00PM WAVE
Forrester	Johny	SATURDAY - 3KM	13.40PM WAVE
Forster	Jamie	SATURDAY - 3KM	12:40PM WAVE
Forster	Lucas	SATURDAY - 3KM	12:40PM WAVE
Forster	Sophie	SATURDAY - 3KM	12:40PM WAVE
Forster	Pamela	SATURDAY - 3KM	12:40PM WAVE
Forster	Izzy	SATURDAY - 3KM	10AM WAVE
Forster	Sam	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Forster	Rob	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Forster	Jess	SATURDAY - 3KM	10.40AM WAVE
Forster	James	SATURDAY - 3KM	13.00PM WAVE
Forster	Poppy	SATURDAY - 3KM	13.00PM WAVE
Forsyth	Jamie	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Fowler	Danny	SATURDAY - 3KM	10AM WAVE
Fowler	Harry	SATURDAY - 3KM	10AM WAVE
Fowler	Leona	SATURDAY - 3KM	10AM WAVE
Fowler	Tom	SATURDAY - 3KM	10AM WAVE
Fowler	Olly	SATURDAY - 3KM	10AM WAVE
Fowler	Ralph	SATURDAY - 3KM	10AM WAVE
Fox	Rachel	SATURDAY - 3KM	14.00PM WAVE
Franklin	Ingrid	SATURDAY - 3KM	11:20AM WAVE
French	Joe	SATURDAY - 3KM	12:40PM WAVE
Friel	Elaine	SATURDAY - 3KM	12:40PM WAVE
Friel	Andrew	SATURDAY - 3KM	12:40PM WAVE
Friel	Lexi	SATURDAY - 3KM	12:40PM WAVE
Friel	Ben	SATURDAY - 3KM	12:40PM WAVE
Friel	Kerry	SATURDAY - 3KM	12PM WAVE
Fulton	Liam	SATURDAY - 3KM	9:40AM WAVE
Furness	Harry	SATURDAY - 3KM	13.00PM WAVE
Furness	Oliver	SATURDAY - 3KM	13.00PM WAVE

Furness	Lewis	SATURDAY - 3KM	13.00PM WAVE
Gaffney	Ciaran	SATURDAY - 3KM	12.20PM WAVE
Garcia	Kayleigh	SATURDAY - 3KM	10AM WAVE
Garcia	Kerry	SATURDAY - 3KM	10AM WAVE
Garcia	Caitlyn	SATURDAY - 3KM	10AM WAVE
Gardner	Charlie	SATURDAY - 3KM	9:20AM WAVE
Gardner	Lee	SATURDAY - 3KM	9:20AM WAVE
Garry	Annabel	SATURDAY - 3KM	12.20PM WAVE
garry	james	SATURDAY - 3KM	12.20PM WAVE
Gary	Daniel	SATURDAY - 3KM	12PM WAVE
Gawith	Halle	SATURDAY - 3KM	14.20PM WAVE
Gibson	Sharon	SATURDAY - 3KM	14.00PM WAVE
Gibson	N	SATURDAY - 3KM	13.40PM WAVE
Gibson	Richard	SATURDAY - 3KM	10.20AM WAVE
Gibson	Seth	SATURDAY - 3KM	10.20AM WAVE
Gilbertson	Emily	SATURDAY - 3KM	14.20PM WAVE
Gillan	Kasey	SATURDAY - 3KM	13.20PM WAVE
Glaister	Bertie	SATURDAY - 3KM	12:40PM WAVE
Glaister	Jonny	SATURDAY - 3KM	12:40PM WAVE
Glass	Abigail	SATURDAY - 3KM	9:40AM WAVE
Gordon	Nicolas	SATURDAY - 3KM	12PM WAVE
Gorley	Peter	SATURDAY - 3KM	11:20AM WAVE
Graham	Choelette	SATURDAY - 3KM	13.00PM WAVE
Graham	Kieron	SATURDAY - 3KM	12:40PM WAVE
Graham	Gordon	SATURDAY - 3KM	12:40PM WAVE
Graham	Natasha	SATURDAY - 3KM	13.20PM WAVE
Graham	Kaitlin	SATURDAY - 3KM	13.40PM WAVE
Graham	Rachel	SATURDAY - 3KM	13.40PM WAVE
Graham	Kye	SATURDAY - 3KM	13.40PM WAVE
Graham	Michael	SATURDAY - 3KM	14.20PM WAVE
Graham	Michelle	SATURDAY - 3KM	14.20PM WAVE
Graham	Zac	SATURDAY - 3KM	14.20PM WAVE
Graham	Ellis	SATURDAY - 3KM	14.20PM WAVE
Graham	Oliver	SATURDAY - 3KM	14.20PM WAVE
Graham	Judith	SATURDAY - 3KM	10AM WAVE
Graham	samuel	SATURDAY - 3KM	10AM WAVE
Graham	Michelle	SATURDAY - 3KM	10AM WAVE
Graham	Amy	SATURDAY - 3KM	10AM WAVE
Graham	Sharon	SATURDAY - 3KM	11.00AM WAVE
Graham	Allan	SATURDAY - 3KM	11.00AM WAVE
Graham	Emma	SATURDAY - 3KM	11.00AM WAVE
Graham	Kenzie	SATURDAY - 3KM	11.00AM WAVE
Graham	Matthew	SATURDAY - 3KM	12PM WAVE
Graham	Lee	SATURDAY - 3KM	13.00PM WAVE
Graham	Jack	SATURDAY - 3KM	13.00PM WAVE
Graham	Hannah	SATURDAY - 3KM	13.00PM WAVE
Graham	Matthew	SATURDAY - 3KM	13.00PM WAVE
Graham	Isabelle	SATURDAY - 3KM	13.00PM WAVE

Graham	Stephen	SATURDAY - 3KM	15.20PM WAVE
Graham	owen	SATURDAY - 3KM	15.20PM WAVE
Graham	Dawn	SATURDAY - 3KM	9:40AM WAVE
Graham	Liam	SATURDAY - 3KM	9:40AM WAVE
Graham	Sonia	SATURDAY - 3KM	11:40AM WAVE
Graham	Finley	SATURDAY - 3KM	11:40AM WAVE
Gray	Lauren	SATURDAY - 3KM	13.00PM WAVE
Gray	Molly	SATURDAY - 3KM	13.00PM WAVE
Greebank	Tom	SATURDAY - 3KM	13.00PM WAVE
Green	Ashley	SATURDAY - 3KM	13.20PM WAVE
Greer	Mike	SATURDAY - 3KM	13.40PM WAVE
Greer	Brooke	SATURDAY - 3KM	13.40PM WAVE
Greer	Alesa	SATURDAY - 3KM	13.40PM WAVE
Grieve	Lily	SATURDAY - 3KM	10AM WAVE
Hall	Heather	SATURDAY - 3KM	12:40PM WAVE
Hall	Junior	SATURDAY - 3KM	12:40PM WAVE
Hall	Josie	SATURDAY - 3KM	12PM WAVE
Halliday	Stacey	SATURDAY - 3KM	10.20AM WAVE
Hamblin	Rachael	SATURDAY - 3KM	13.00PM WAVE
Hamer	Martin	SATURDAY - 3KM	10.20AM WAVE
Hardcastle	Gail	SATURDAY - 3KM	10.40AM WAVE
Harding	Laura	SATURDAY - 3KM	13.20PM WAVE
Harding	Ed	SATURDAY - 3KM	13.20PM WAVE
Harding	James	SATURDAY - 3KM	13.20PM WAVE
Harding	Emma	SATURDAY - 3KM	13.20PM WAVE
Harding	Harry	SATURDAY - 3KM	13.20PM WAVE
Harding	Sophie	SATURDAY - 3KM	14.20PM WAVE
Harkness	Benjamin	SATURDAY - 3KM	15.20PM WAVE
Harkness	Deborah	SATURDAY - 3KM	15.20PM WAVE
Harkness	Niamh	SATURDAY - 3KM	13.40PM WAVE
Harmison	Rosie	SATURDAY - 3KM	10.20AM WAVE
Harrington	Richard	SATURDAY - 3KM	10.20AM WAVE
Harrington	Richard	SATURDAY - 3KM	10.20AM WAVE
Harris	Tyler	SATURDAY - 3KM	9:20AM WAVE
Harrison	Sienna	SATURDAY - 3KM	15.20PM WAVE
Harrison	Alan	SATURDAY - 3KM	13.20PM WAVE
Harrison	Anna	SATURDAY - 3KM	10.40AM WAVE
Harrison	Jon	SATURDAY - 3KM	10.40AM WAVE
Harrison	Drew	SATURDAY - 3KM	10.40AM WAVE
Harrison	Annabelle	SATURDAY - 3KM	10.40AM WAVE
Harrison	Katrina	SATURDAY - 3KM	14.20PM WAVE
Harrison	Lisa	SATURDAY - 3KM	13.00PM WAVE
Harrison	Rich	SATURDAY - 3KM	13.00PM WAVE
Harrison	Harley	SATURDAY - 3KM	13.00PM WAVE
Harrison	Fiona	SATURDAY - 3KM	13.00PM WAVE
Hatton	Joanna	SATURDAY - 3KM	14.00PM WAVE
Hatton	Courtney	SATURDAY - 3KM	14.00PM WAVE
Hatton	Adam	SATURDAY - 3KM	14.00PM WAVE

Haughan	Luke	SATURDAY - 3KM	14.40PM WAVE
Haughan	Brian	SATURDAY - 3KM	14.40PM WAVE
Hawkins	Jessica	SATURDAY - 3KM	11:40AM WAVE
Hawkins	Jackson	SATURDAY - 3KM	11:40AM WAVE
Hayes	Annabel	SATURDAY - 3KM	14.20PM WAVE
Hayhow	Jackie	SATURDAY - 3KM	13.20PM WAVE
Hayhurst	Reo	SATURDAY - 3KM	14.20PM WAVE
Hayhurst	Kadie	SATURDAY - 3KM	14.20PM WAVE
Heaton	Mark	SATURDAY - 3KM	15.20PM WAVE
Heaton	Lewis	SATURDAY - 3KM	15.20PM WAVE
Hedges	Zoe	SATURDAY - 3KM	11.00AM WAVE
Hedges	Leo	SATURDAY - 3KM	11.00AM WAVE
Hedley	Mia	SATURDAY - 3KM	15.00PM WAVE
Henderson	Teegan	SATURDAY - 3KM	14.00PM WAVE
henderson	kerry-anne	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Herd	Iain	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Herd	Mikey	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Herd	Molly	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Herd	Maisy	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Heslop	Mel	SATURDAY - 3KM	14.00PM WAVE
Heslop SNR	Mel	SATURDAY - 3KM	14.00PM WAVE
Hetherington	Andrew	SATURDAY - 3KM	10.20AM WAVE
Hetherington	Lucy	SATURDAY - 3KM	10.20AM WAVE
Hetherington	Matthew	SATURDAY - 3KM	10.20AM WAVE
Hetherington	Jess	SATURDAY - 3KM	9:40AM WAVE
Hetherington	Kaiden	SATURDAY - 3KM	9:20AM WAVE
Hetherington	Liam	SATURDAY - 3KM	9:20AM WAVE
Heugh	Isabel	SATURDAY - 3KM	15.20PM WAVE
Heugh	Kevin	SATURDAY - 3KM	15.20PM WAVE
Hewitt	Dougie	SATURDAY - 3KM	14.40PM WAVE
Hewson	Colin	SATURDAY - 3KM	13.20PM WAVE
Hewson	David	SATURDAY - 3KM	14.40PM WAVE
Hewson	Ellie	SATURDAY - 3KM	14.40PM WAVE
Hewson	Jack	SATURDAY - 3KM	14.40PM WAVE
Hickson	Amy	SATURDAY - 3KM	12.20PM WAVE
Hill	Annie	SATURDAY - 3KM	11:40AM WAVE
Hill	Ginny	SATURDAY - 3KM	11:40AM WAVE
Hilton	Riley	SATURDAY - 3KM	14.20PM WAVE
Hilton	Liam	SATURDAY - 3KM	14.20PM WAVE
Hind	Jorja	SATURDAY - 3KM	13.00PM WAVE
Hind	Zachary	SATURDAY - 3KM	13.00PM WAVE
Hodgkisson	Emily	SATURDAY - 3KM	15.20PM WAVE
Hodgson	Ozzy	SATURDAY - 3KM	12:40PM WAVE
Hodgson	Jess	SATURDAY - 3KM	13.40PM WAVE
Hodgson	Patricia	SATURDAY - 3KM	11:40AM WAVE
Hodgson	Arthur	SATURDAY - 3KM	11:40AM WAVE
Hodgson	Anna	SATURDAY - 3KM	13.20PM WAVE
Hodgson	Oliver	SATURDAY - 3KM	13.20PM WAVE

Hodgson	Isla	SATURDAY - 3KM	13.20PM WAVE
Hodgson-Davidson	Murphy	SATURDAY - 3KM	10AM WAVE
Hogg	Matilda	SATURDAY - 3KM	13.00PM WAVE
Holliday	Kevin	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Holliday	Daniel	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Hoodless	Chloe	SATURDAY - 3KM	14.00PM WAVE
Hope	Logan	SATURDAY - 3KM	12:40PM WAVE
Hope	Alan	SATURDAY - 3KM	15.00PM WAVE
Hope	Paige	SATURDAY - 3KM	15.00PM WAVE
Hope	Riley	SATURDAY - 3KM	15.00PM WAVE
Hopps	Clair	SATURDAY - 3KM	11.00AM WAVE
Hopton	Ruth	SATURDAY - 3KM	14.20PM WAVE
Hortin	Eilidh	SATURDAY - 3KM	14.40PM WAVE
Houghton	Sam	SATURDAY - 3KM	14.40PM WAVE
Howe	Isabel	SATURDAY - 3KM	11:40AM WAVE
Howe	Joanne	SATURDAY - 3KM	11:40AM WAVE
Humphrey	Jay	SATURDAY - 3KM	13.20PM WAVE
Humphrey	Lanna	SATURDAY - 3KM	13.20PM WAVE
Hunter	Tom	SATURDAY - 3KM	10AM WAVE
Ingledow	Graham	SATURDAY - 3KM	14.40PM WAVE
Ingledow	Harry	SATURDAY - 3KM	14.40PM WAVE
Ingledow	Ben	SATURDAY - 3KM	14.40PM WAVE
Ingleton	Mark	SATURDAY - 3KM	10.20AM WAVE
Irving	Matt	SATURDAY - 3KM	10.40AM WAVE
Irving	Kelly	SATURDAY - 3KM	14.40PM WAVE
Irving	Jake	SATURDAY - 3KM	9:40AM WAVE
Irving	Toby	SATURDAY - 3KM	9:40AM WAVE
Irving	Liz	SATURDAY - 3KM	9:20AM WAVE
Isherwood	Ewan	SATURDAY - 3KM	13.00PM WAVE
J2		SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
J3		SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
J4		SATURDAY - 3KM	9:20AM WAVE
Jackman	Josh	SATURDAY - 3KM	12:40PM WAVE
Jackson	Holly	SATURDAY - 3KM	14.40PM WAVE
Jackson	Joseph	SATURDAY - 3KM	13.00PM WAVE
Jackson	Phoebe	SATURDAY - 3KM	10AM WAVE
Jackson	Mandy	SATURDAY - 3KM	10AM WAVE
Jackson	Oliver	SATURDAY - 3KM	9:20AM WAVE
Jackson	Richard	SATURDAY - 3KM	9:20AM WAVE
Jackson	Maisy	SATURDAY - 3KM	11:20AM WAVE
James	Ricky	SATURDAY - 3KM	13.40PM WAVE
James	Robbie	SATURDAY - 3KM	13.40PM WAVE
James	Rlley	SATURDAY - 3KM	13.40PM WAVE
James	Tyler	SATURDAY - 3KM	13.40PM WAVE
James	Molly	SATURDAY - 3KM	10AM WAVE
James	Ruby	SATURDAY - 3KM	11:40AM WAVE
James	David	SATURDAY - 3KM	12PM WAVE
Jardine	Kathryn	SATURDAY - 3KM	10.20AM WAVE

Jardine	Lucy	SATURDAY - 3KM	10.20AM WAVE
Jardine	Megan	SATURDAY - 3KM	10.20AM WAVE
Jardine	Stuart	SATURDAY - 3KM	10.20AM WAVE
Jardine	Ste	SATURDAY - 3KM	14.40PM WAVE
Jardine	Michelle	SATURDAY - 3KM	14.40PM WAVE
Jardine	Layton	SATURDAY - 3KM	14.40PM WAVE
Jeavons	Joel	SATURDAY - 3KM	12:40PM WAVE
Jeavons	Erin	SATURDAY - 3KM	12:40PM WAVE
Jeffery	John	SATURDAY - 3KM	15.20PM WAVE
Jeffrey	Paige	SATURDAY - 3KM	14.00PM WAVE
Jenilianovas	Jurijus	SATURDAY - 3KM	14.20PM WAVE
Jenilianovas	Adrian	SATURDAY - 3KM	14.20PM WAVE
Jenilianovas	Oliver	SATURDAY - 3KM	14.20PM WAVE
Jenkinson	Leanne	SATURDAY - 3KM	11:20AM WAVE
JENKINSON	Lily	SATURDAY - 3KM	11:20AM WAVE
Jessermin	Jay	SATURDAY - 3KM	14.20PM WAVE
Jewett	Dale	SATURDAY - 3KM	13.00PM WAVE
Jewett	Jack	SATURDAY - 3KM	9:20AM WAVE
Johnson	Kenton	SATURDAY - 3KM	12PM WAVE
Johnson	William	SATURDAY - 3KM	15.00PM WAVE
Johnson	Alexander	SATURDAY - 3KM	15.00PM WAVE
Johnstone	Joe	SATURDAY - 3KM	12:40PM WAVE
Johnstone	Andrew	SATURDAY - 3KM	12:40PM WAVE
Johnstone	Kerry	SATURDAY - 3KM	9:40AM WAVE
johnstone	Logan	SATURDAY - 3KM	9:40AM WAVE
johnstone	millie	SATURDAY - 3KM	9:40AM WAVE
Jones	Lewis	SATURDAY - 3KM	13.00PM WAVE
Jones	Kumara	SATURDAY - 3KM	10.20AM WAVE
Jones	Darren	SATURDAY - 3KM	13.00PM WAVE
Jones	Ava	SATURDAY - 3KM	13.00PM WAVE
Jones	Kiaya	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Jones	Stuart	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Jones	Greg	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Jones	Justine	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Jones	Matthew	SATURDAY - 3KM	14.00PM WAVE
Jordan	Ayrton	SATURDAY - 3KM	12:40PM WAVE
Joy	Tilly	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Joyce	Amelia	SATURDAY - 3KM	13.40PM WAVE
Jurkiewicz	Michael	SATURDAY - 3KM	13.40PM WAVE
Jurkiewicz	Filip	SATURDAY - 3KM	13.40PM WAVE
Karge	Ollie	SATURDAY - 3KM	9:20AM WAVE
Keen	Andi	SATURDAY - 3KM	15:40PM WAVE
Kelly	Sadie	SATURDAY - 3KM	14.20PM WAVE
Kennedy	John	SATURDAY - 3KM	10AM WAVE
Kent	Jordan	SATURDAY - 3KM	15.20PM WAVE
Kent	Rob	SATURDAY - 3KM	11:40AM WAVE
Kent	Tristan	SATURDAY - 3KM	11:40AM WAVE
Kent Carlile	Summer	SATURDAY - 3KM	15.20PM WAVE

Kent Carlile	Morgan	SATURDAY - 3KM	15.20PM WAVE
Kent Carlile	Rubin	SATURDAY - 3KM	15.20PM WAVE
Kent Carlile	Andrew	SATURDAY - 3KM	15.20PM WAVE
Kenyon	Liam	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Kidd	James	SATURDAY - 3KM	14.20PM WAVE
Kidd	James	SATURDAY - 3KM	14.20PM WAVE
Kidd	Emma	SATURDAY - 3KM	14.20PM WAVE
Kidd	Suzanne	SATURDAY - 3KM	11:40AM WAVE
Kidd	Lewis	SATURDAY - 3KM	11:40AM WAVE
Kilpin-Miller	Rachel	SATURDAY - 3KM	10AM WAVE
King	Ryan	SATURDAY - 3KM	15.20PM WAVE
King	Samantha	SATURDAY - 3KM	15.20PM WAVE
King	Kylie	SATURDAY - 3KM	15.20PM WAVE
Kirby	Beth	SATURDAY - 3KM	14.20PM WAVE
Kirkpatrick	Ben	SATURDAY - 3KM	15.00PM WAVE
Kirkwood	Sonny	SATURDAY - 3KM	13.20PM WAVE
Knott	Jonathan	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Laird	Derren	SATURDAY - 3KM	15.20PM WAVE
Laird	Rory	SATURDAY - 3KM	15.20PM WAVE
Lakin	Charmaine	SATURDAY - 3KM	14.40PM WAVE
Lakin	Mayson-Lee	SATURDAY - 3KM	14.40PM WAVE
Lambert	Ben	SATURDAY - 3KM	12PM WAVE
Lambert	Emma	SATURDAY - 3KM	12PM WAVE
Lambert	Georgie	SATURDAY - 3KM	12PM WAVE
Lane	Kevan	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Lannaghan	Matt	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Lannaghan	John	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Lansdowne	Ann	SATURDAY - 3KM	15.20PM WAVE
Latta	Charlie	SATURDAY - 3KM	14.00PM WAVE
Latta	Tommy	SATURDAY - 3KM	14.00PM WAVE
Lawman	Aiden	SATURDAY - 3KM	11:20AM WAVE
Laycock	Adam	SATURDAY - 3KM	14.00PM WAVE
Laycock	Maddison	SATURDAY - 3KM	14.00PM WAVE
Laycock	Blake	SATURDAY - 3KM	14.00PM WAVE
Laycock	Christine	SATURDAY - 3KM	14.00PM WAVE
Leal	Vania	SATURDAY - 3KM	9:20AM WAVE
leek	louise	SATURDAY - 3KM	11:20AM WAVE
Leek	Henry	SATURDAY - 3KM	11:20AM WAVE
Leiba	Katie	SATURDAY - 3KM	14.40PM WAVE
Lesniak	Katarzyna	SATURDAY - 3KM	10.40AM WAVE
Lewis	Erin	SATURDAY - 3KM	11.00AM WAVE
Lewis	Niamh	SATURDAY - 3KM	11.00AM WAVE
Liddle	Gary	SATURDAY - 3KM	14.00PM WAVE
Liddle	Victoria	SATURDAY - 3KM	14.00PM WAVE
Light	Brian	SATURDAY - 3KM	15.20PM WAVE
Lightburn	Evie	SATURDAY - 3KM	10AM WAVE
Lightburn	Baz	SATURDAY - 3KM	10AM WAVE
Lindsay	Jack	SATURDAY - 3KM	12:40PM WAVE

Lindsley	Grant	SATURDAY - 3KM	9:40AM WAVE
Lindsley	Ellie	SATURDAY - 3KM	9:40AM WAVE
Little	Toby	SATURDAY - 3KM	12:40PM WAVE
Little	Lewis	SATURDAY - 3KM	14.00PM WAVE
Little	Andrew	SATURDAY - 3KM	11.00AM WAVE
Little	Lewis	SATURDAY - 3KM	11.00AM WAVE
Lorimer	John	SATURDAY - 3KM	13.20PM WAVE
Lorimer	Jacob	SATURDAY - 3KM	13.20PM WAVE
Lorimer	Samuel	SATURDAY - 3KM	13.20PM WAVE
Lupton	George	SATURDAY - 3KM	9:40AM WAVE
Lupton	Graeme	SATURDAY - 3KM	9:40AM WAVE
Lyon	Rebecca	SATURDAY - 3KM	12.20PM WAVE
Lyon	Sam	SATURDAY - 3KM	12.20PM WAVE
Lyon	Oscar	SATURDAY - 3KM	12.20PM WAVE
Lyon	Harvey	SATURDAY - 3KM	12.20PM WAVE
MacDonald	Forbes	SATURDAY - 3KM	10.20AM WAVE
MacDonald	Eve	SATURDAY - 3KM	10.20AM WAVE
MacDonald	Edwin	SATURDAY - 3KM	10.20AM WAVE
Macdonald	Abigail	SATURDAY - 3KM	13.20PM WAVE
Macdonald	Alex	SATURDAY - 3KM	13.20PM WAVE
Macdonald	Ruby	SATURDAY - 3KM	13.20PM WAVE
Macnaughton	Alfie	SATURDAY - 3KM	11:40AM WAVE
Macnaughton	Harry	SATURDAY - 3KM	11:40AM WAVE
magnay	emma	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Maine	Jack	SATURDAY - 3KM	15.20PM WAVE
Makar	Lee	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Malia	Aaron	SATURDAY - 3KM	12:40PM WAVE
Mark	Paul	SATURDAY - 3KM	12PM WAVE
Marsden	Luke	SATURDAY - 3KM	14.00PM WAVE
Marsden	Lee	SATURDAY - 3KM	14.00PM WAVE
Martin	Sarah	SATURDAY - 3KM	12:40PM WAVE
Martin	Arthur	SATURDAY - 3KM	10.40AM WAVE
Mason	Lee	SATURDAY - 3KM	15.20PM WAVE
Mason	Tony	SATURDAY - 3KM	13.40PM WAVE
Mason	Ethan	SATURDAY - 3KM	13.40PM WAVE
Massey	Oscar	SATURDAY - 3KM	11:40AM WAVE
Massey	Reuben	SATURDAY - 3KM	11:40AM WAVE
Massey	Sam	SATURDAY - 3KM	11:40AM WAVE
Masson	Fiona	SATURDAY - 3KM	15.00PM WAVE
Masson	Heather	SATURDAY - 3KM	15.00PM WAVE
Masson	Emma	SATURDAY - 3KM	15.00PM WAVE
Mathers	Joanne	SATURDAY - 3KM	12PM WAVE
Matthews	Mike	SATURDAY - 3KM	12.20PM WAVE
Matthews	Riley	SATURDAY - 3KM	12.20PM WAVE
Matthews	Leyton	SATURDAY - 3KM	12.20PM WAVE
Matthews	Kyra	SATURDAY - 3KM	12.20PM WAVE
Matthews	Michael	SATURDAY - 3KM	12.20PM WAVE
Maxwell	Victoria	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE

Mazurek	Marta	SATURDAY - 3KM	10.40AM WAVE
Mcallister	Lindsay	SATURDAY - 3KM	11:20AM WAVE
McClure	Ella	SATURDAY - 3KM	13.20PM WAVE
McClure	William	SATURDAY - 3KM	13.20PM WAVE
McClure	James	SATURDAY - 3KM	13.20PM WAVE
McClure	Katie	SATURDAY - 3KM	13.20PM WAVE
McClure	Matthew	SATURDAY - 3KM	13.20PM WAVE
McClusky	Paul	SATURDAY - 3KM	12.20PM WAVE
McClusky	Kyle	SATURDAY - 3KM	12.20PM WAVE
McCormick	Zach	SATURDAY - 3KM	12:40PM WAVE
McCormick	Seth	SATURDAY - 3KM	12:40PM WAVE
McCormick	Becky	SATURDAY - 3KM	12:40PM WAVE
McCormick	John	SATURDAY - 3KM	12:40PM WAVE
McCowen	Katy	SATURDAY - 3KM	12:40PM WAVE
McDermott	Ben	SATURDAY - 3KM	13.40PM WAVE
McDougal	Lewis	SATURDAY - 3KM	14.20PM WAVE
McKenna	Oliver	SATURDAY - 3KM	13.20PM WAVE
McKenna	Isobel	SATURDAY - 3KM	13.20PM WAVE
McKenna	Chris	SATURDAY - 3KM	13.20PM WAVE
McKenna	Madison	SATURDAY - 3KM	15.20PM WAVE
McKenna	Dave	SATURDAY - 3KM	15.20PM WAVE
McKeown	Jacob	SATURDAY - 3KM	15.00PM WAVE
McKeown	Joseph	SATURDAY - 3KM	15.00PM WAVE
McKeown	Leo	SATURDAY - 3KM	15.00PM WAVE
Mckeown	Aaron	SATURDAY - 3KM	15.00PM WAVE
McKnight	Zara	SATURDAY - 3KM	10.20AM WAVE
mcluckie	marnie	SATURDAY - 3KM	12PM WAVE
mcluckie	Millie	SATURDAY - 3KM	12PM WAVE
mcluckie	Callie	SATURDAY - 3KM	12PM WAVE
McNeil	Jay	SATURDAY - 3KM	12:40PM WAVE
Mcviety	Daniel	SATURDAY - 3KM	15.00PM WAVE
Mcviety	Jack	SATURDAY - 3KM	15.00PM WAVE
McWhan	Sammy	SATURDAY - 3KM	10.20AM WAVE
Medling	Harry	SATURDAY - 3KM	10AM WAVE
Medling	Oliver	SATURDAY - 3KM	10AM WAVE
Melicherova	Adriana	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Mellor	Paul	SATURDAY - 3KM	14.20PM WAVE
Mellor	Sam	SATURDAY - 3KM	14.20PM WAVE
Mellor	Alfie	SATURDAY - 3KM	14.20PM WAVE
Mellor	Harry	SATURDAY - 3KM	14.20PM WAVE
Metcalf	Josh	SATURDAY - 3KM	14.40PM WAVE
Metcalf	Dougie	SATURDAY - 3KM	14.40PM WAVE
Middler	Holly	SATURDAY - 3KM	14.20PM WAVE
Middler	Joanne	SATURDAY - 3KM	14.40PM WAVE
Middleton	Harry	SATURDAY - 3KM	12:40PM WAVE
Milburn	Jenny	SATURDAY - 3KM	11:40AM WAVE
Milburn	Bella	SATURDAY - 3KM	11:40AM WAVE
Milburn	Henry	SATURDAY - 3KM	11:40AM WAVE

Miles	Nathan	SATURDAY - 3KM	14.00PM WAVE
Miller	Rhys	SATURDAY - 3KM	15.20PM WAVE
Milne	Claire	SATURDAY - 3KM	11:40AM WAVE
Mincher	Sharina	SATURDAY - 3KM	14.20PM WAVE
Mincher	Alfie	SATURDAY - 3KM	14.20PM WAVE
Mitchel	Harry	SATURDAY - 3KM	12.20PM WAVE
Mitchel	Alfie	SATURDAY - 3KM	12:40PM WAVE
Mitchell	Patricia	SATURDAY - 3KM	10.20AM WAVE
Mitchell	Matthew	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Mitchell	Graham	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Mitchell	Madeleine	SATURDAY - 3KM	15.00PM WAVE
Mitchell	Chris	SATURDAY - 3KM	15.00PM WAVE
Mitchell	Jessica	SATURDAY - 3KM	15.00PM WAVE
Mitchell	Tom	SATURDAY - 3KM	15.00PM WAVE
Mitchinson	Lee	SATURDAY - 3KM	10AM WAVE
Mitchinson	John	SATURDAY - 3KM	10AM WAVE
Moffat	Eva	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Mol	Bryan	SATURDAY - 3KM	14.00PM WAVE
Mol	Matthew	SATURDAY - 3KM	14.00PM WAVE
Monkhouse	Charlie	SATURDAY - 3KM	14.40PM WAVE
Moore	Lee	SATURDAY - 3KM	11:40AM WAVE
Moore	Ethan	SATURDAY - 3KM	11:40AM WAVE
Moore	Joshua	SATURDAY - 3KM	15.00PM WAVE
Moore	Lisa	SATURDAY - 3KM	15.00PM WAVE
Morgan	Sarah	SATURDAY - 3KM	11.00AM WAVE
Morgan	Lucas	SATURDAY - 3KM	11.00AM WAVE
Morris	Katie	SATURDAY - 3KM	12.20PM WAVE
Morris	Jamie	SATURDAY - 3KM	12.20PM WAVE
Morrison	Callum	SATURDAY - 3KM	10.20AM WAVE
Morton	Nicola	SATURDAY - 3KM	14.20PM WAVE
Moss	Ali	SATURDAY - 3KM	14.40PM WAVE
Mountjoy	Mark	SATURDAY - 3KM	9:20AM WAVE
Mulholland	Jamie	SATURDAY - 3KM	11:40AM WAVE
Mumberson	Rachel	SATURDAY - 3KM	10.20AM WAVE
Mumberson	Charly	SATURDAY - 3KM	10.20AM WAVE
Murphy	Bailey	SATURDAY - 3KM	12:40PM WAVE
Murphy	Anna	SATURDAY - 3KM	9:40AM WAVE
Murphy	Emma	SATURDAY - 3KM	9:40AM WAVE
Murphy	Leo	SATURDAY - 3KM	14.00PM WAVE
Myuslyum	Mert	SATURDAY - 3KM	12:40PM WAVE
Nanson	Josh	SATURDAY - 3KM	9:40AM WAVE
Nanson	Paul	SATURDAY - 3KM	9:40AM WAVE
Naylor	Christine	SATURDAY - 3KM	14.00PM WAVE
Naylor	Callum	SATURDAY - 3KM	14.00PM WAVE
Naylor	Catherine	SATURDAY - 3KM	14.00PM WAVE
Nellis	Jen	SATURDAY - 3KM	10.20AM WAVE
Nellis	Iain	SATURDAY - 3KM	10.20AM WAVE
Nellis	Charlie	SATURDAY - 3KM	10.20AM WAVE

Nelson	Sonny	SATURDAY - 3KM	13.00PM WAVE
Nelson	Hannah	SATURDAY - 3KM	15.20PM WAVE
Neto	Lucas	SATURDAY - 3KM	9:20AM WAVE
Nevison	Anthony	SATURDAY - 3KM	12:40PM WAVE
Nevison	Keaton	SATURDAY - 3KM	12:40PM WAVE
Newsome	Jack	SATURDAY - 3KM	14.00PM WAVE
Newsome	John	SATURDAY - 3KM	14.00PM WAVE
Newsome	Maisie	SATURDAY - 3KM	14.00PM WAVE
Nicholson	Yvonne	SATURDAY - 3KM	15.20PM WAVE
Nicholson	Simon	SATURDAY - 3KM	10.40AM WAVE
nicholson	caroline	SATURDAY - 3KM	10.20AM WAVE
Nicholson	William	SATURDAY - 3KM	10.20AM WAVE
Nicholson	Jake	SATURDAY - 3KM	10.20AM WAVE
Nicholson	Olly	SATURDAY - 3KM	10.20AM WAVE
Nicholson	Harry	SATURDAY - 3KM	10.20AM WAVE
Nicholson	Jenna	SATURDAY - 3KM	15.20PM WAVE
Nicol	John	SATURDAY - 3KM	10.20AM WAVE
Nicol	Jacob	SATURDAY - 3KM	10.20AM WAVE
nielsen	matthew	SATURDAY - 3KM	11:20AM WAVE
nielsen	william	SATURDAY - 3KM	11:20AM WAVE
nielsen	emma	SATURDAY - 3KM	11:20AM WAVE
nielsen	joseph	SATURDAY - 3KM	11:20AM WAVE
Noble	Katie	SATURDAY - 3KM	13.00PM WAVE
Noble	Tom	SATURDAY - 3KM	11:40AM WAVE
Noble	Maisy	SATURDAY - 3KM	11:40AM WAVE
Noble	James	SATURDAY - 3KM	11:40AM WAVE
Nolan	Tineesha	SATURDAY - 3KM	14.20PM WAVE
Nolan	Michelle	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Nordon	Mark	SATURDAY - 3KM	10.40AM WAVE
Nordon	Jake	SATURDAY - 3KM	10.40AM WAVE
Nordon	Harry	SATURDAY - 3KM	10.40AM WAVE
Notman	Rebecca	SATURDAY - 3KM	9:20AM WAVE
Notman	Craig	SATURDAY - 3KM	9:20AM WAVE
Notman	Ben	SATURDAY - 3KM	9:20AM WAVE
Notman	Jessica	SATURDAY - 3KM	9:20AM WAVE
Nugent	Stephen	SATURDAY - 3KM	12:40PM WAVE
Oates	Fibi	SATURDAY - 3KM	14.20PM WAVE
O'carroll	James	SATURDAY - 3KM	12PM WAVE
Oghani	Theo	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
O'Neil	Abbie	SATURDAY - 3KM	14.20PM WAVE
Opray	Jayden	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
O'Prey	Ethan	SATURDAY - 3KM	12:40PM WAVE
Pagin	Rhys	SATURDAY - 3KM	15.20PM WAVE
Pagin	Simon	SATURDAY - 3KM	15.20PM WAVE
Pagin	Jill	SATURDAY - 3KM	15.20PM WAVE
Palmer	Rudy	SATURDAY - 3KM	11:40AM WAVE
Palmer	Beth	SATURDAY - 3KM	15.20PM WAVE
Park	Sarah	SATURDAY - 3KM	14.40PM WAVE

Park	Seth	SATURDAY - 3KM	14.40PM WAVE
Parker	Joe	SATURDAY - 3KM	12:40PM WAVE
Parker	Del	SATURDAY - 3KM	10.20AM WAVE
Parker	Allan	SATURDAY - 3KM	15.20PM WAVE
Parker	Harry	SATURDAY - 3KM	15.20PM WAVE
Parker-James	Charlotte	SATURDAY - 3KM	13.00PM WAVE
Patterson	Ellis	SATURDAY - 3KM	14.20PM WAVE
Patterson	Harley	SATURDAY - 3KM	14.20PM WAVE
Pattinson	Vikki	SATURDAY - 3KM	10.20AM WAVE
Pattinson	Darren	SATURDAY - 3KM	10.40AM WAVE
Pattinson	Bradley	SATURDAY - 3KM	10.40AM WAVE
Peacock	David	SATURDAY - 3KM	13.40PM WAVE
Peacock	Lisa	SATURDAY - 3KM	13.40PM WAVE
Peacock	David	SATURDAY - 3KM	14.40PM WAVE
Pearson	Emily	SATURDAY - 3KM	10.20AM WAVE
Pearson	Oscar	SATURDAY - 3KM	10.20AM WAVE
Pearson	Emily	SATURDAY - 3KM	11.00AM WAVE
Pearson	Oscar	SATURDAY - 3KM	11.00AM WAVE
Peart	Wayne	SATURDAY - 3KM	12:40PM WAVE
Peart	Caitlin	SATURDAY - 3KM	9:40AM WAVE
Peart	Chantelle	SATURDAY - 3KM	9:40AM WAVE
Peart	Charlotte	SATURDAY - 3KM	10AM WAVE
Peart	Lucy	SATURDAY - 3KM	10AM WAVE
PEDO	GABI	SATURDAY - 3KM	16.00PM WAVE
Pedo	Tomasz	SATURDAY - 3KM	16.00PM WAVE
Pelle	Megan	SATURDAY - 3KM	13.00PM WAVE
Pennington	Logan	SATURDAY - 3KM	13.00PM WAVE
Percival	Luke	SATURDAY - 3KM	14.20PM WAVE
Perrett	Rachel	SATURDAY - 3KM	11.00AM WAVE
Perrett	KJ	SATURDAY - 3KM	11.00AM WAVE
Pheasey-Rattigan	Jack	SATURDAY - 3KM	12PM WAVE
Phelen	Derek	SATURDAY - 3KM	10.40AM WAVE
Philip	Louise	SATURDAY - 3KM	10AM WAVE
Phillips	Finley	SATURDAY - 3KM	13.00PM WAVE
Phillips	Iain	SATURDAY - 3KM	15.20PM WAVE
Phillips	Stephen	SATURDAY - 3KM	15.20PM WAVE
Pickering	Craig	SATURDAY - 3KM	11:40AM WAVE
Pickering	Lucas	SATURDAY - 3KM	11:40AM WAVE
Pilkington	Barry	SATURDAY - 3KM	11:40AM WAVE
Pilkington	Dominic	SATURDAY - 3KM	11:40AM WAVE
Pilmer	Thomas	SATURDAY - 3KM	13.20PM WAVE
Pocock	Mark	SATURDAY - 3KM	12:40PM WAVE
Pointon	Kyra	SATURDAY - 3KM	13.40PM WAVE
POLAND	Julie	SATURDAY - 3KM	9:40AM WAVE
POLAND	BENJI	SATURDAY - 3KM	9:40AM WAVE
Polit	Beata	SATURDAY - 3KM	12PM WAVE
Poore	Emma	SATURDAY - 3KM	14.40PM WAVE
Poore	Michael	SATURDAY - 3KM	14.40PM WAVE

Porter	Jennie	SATURDAY - 3KM	10.20AM WAVE
Porter	Jaime	SATURDAY - 3KM	10.20AM WAVE
Porter	Brandon	SATURDAY - 3KM	10.20AM WAVE
Power	Jayden	SATURDAY - 3KM	10.40AM WAVE
Power	Daven	SATURDAY - 3KM	14.40PM WAVE
Prentice	Tilly	SATURDAY - 3KM	13.00PM WAVE
Prentice	Isaac	SATURDAY - 3KM	13.00PM WAVE
Proctor	Sadie	SATURDAY - 3KM	10AM WAVE
Queen	Jay	SATURDAY - 3KM	14.40PM WAVE
Queen	Kyle	SATURDAY - 3KM	14.40PM WAVE
quell	caroline	SATURDAY - 3KM	13.00PM WAVE
Quinn	Tara	SATURDAY - 3KM	10.20AM WAVE
Rae	Ellis	SATURDAY - 3KM	15.00PM WAVE
Rae	Sam	SATURDAY - 3KM	15.00PM WAVE
Ratcliffe	Kayla	SATURDAY - 3KM	10.20AM WAVE
Rayson	Luke	SATURDAY - 3KM	11:40AM WAVE
Read	Jen	SATURDAY - 3KM	11:40AM WAVE
Reay	Janet	SATURDAY - 3KM	10.40AM WAVE
Reay	Sophie	SATURDAY - 3KM	10.40AM WAVE
Reay	Luke	SATURDAY - 3KM	12:40PM WAVE
Reay	Ryan	SATURDAY - 3KM	14.00PM WAVE
Reay	Olly	SATURDAY - 3KM	14.00PM WAVE
Reay	Emma	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Reay	Jamie	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Reay	Asha	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Reay	Sharon	SATURDAY - 3KM	11:20AM WAVE
Reay	Matthew	SATURDAY - 3KM	11:20AM WAVE
Redpath	Jamie	SATURDAY - 3KM	12PM WAVE
Reibbitt	Simon	SATURDAY - 3KM	13.20PM WAVE
Reibbitt	Kerry	SATURDAY - 3KM	13.20PM WAVE
Reibbitt	Joshua	SATURDAY - 3KM	13.20PM WAVE
Renyard	David	SATURDAY - 3KM	10AM WAVE
Reynolds	Mckenzie	SATURDAY - 3KM	14.00PM WAVE
Richardson	Amy	SATURDAY - 3KM	13.00PM WAVE
richardson	zoe	SATURDAY - 3KM	10AM WAVE
richardson	Lily	SATURDAY - 3KM	10AM WAVE
Richardson	Peter	SATURDAY - 3KM	11:40AM WAVE
Richardson	Connor	SATURDAY - 3KM	14.00PM WAVE
Rickerby	Lillyanna	SATURDAY - 3KM	13.00PM WAVE
Rieborn	Laura	SATURDAY - 3KM	10.20AM WAVE
Ritson	Alice	SATURDAY - 3KM	10AM WAVE
Roberston	Samantha	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Roberts	Donna	SATURDAY - 3KM	10.20AM WAVE
Roberts	Nicola	SATURDAY - 3KM	10.20AM WAVE
Roberts	Sam	SATURDAY - 3KM	10.20AM WAVE
Roberts	Charlie	SATURDAY - 3KM	10.20AM WAVE
Roberts	David	SATURDAY - 3KM	10.20AM WAVE
Robertson	Archie	SATURDAY - 3KM	15.00PM WAVE

Robinson	Sharina	SATURDAY - 3KM	14.20PM WAVE
Robinson	Jaydon	SATURDAY - 3KM	14.20PM WAVE
Robinson	Lucie	SATURDAY - 3KM	9:40AM WAVE
Robinson	David	SATURDAY - 3KM	10.20AM WAVE
Robinson	Alex	SATURDAY - 3KM	13.20PM WAVE
Robinson coward	Helen	SATURDAY - 3KM	14.00PM WAVE
Robson	Jamie	SATURDAY - 3KM	13.20PM WAVE
Robson	Tracy	SATURDAY - 3KM	13.20PM WAVE
Robson-Peart	Kai	SATURDAY - 3KM	12:40PM WAVE
Rodger	Eva	SATURDAY - 3KM	10.40AM WAVE
RODGERS	Ryan	SATURDAY - 3KM	11:20AM WAVE
RODGERS	Lewis	SATURDAY - 3KM	11:20AM WAVE
Rodgers	Krista	SATURDAY - 3KM	11:20AM WAVE
RODGERS	Alice	SATURDAY - 3KM	11:20AM WAVE
Rooke	Harley	SATURDAY - 3KM	15.00PM WAVE
Rooke	Jo	SATURDAY - 3KM	15.00PM WAVE
Ross	Kevin	SATURDAY - 3KM	12:40PM WAVE
Ross	Thomas	SATURDAY - 3KM	12:40PM WAVE
Ross	Malachy	SATURDAY - 3KM	11:20AM WAVE
Routledge	Gavin	SATURDAY - 3KM	12:40PM WAVE
Rowling	Kate	SATURDAY - 3KM	9:40AM WAVE
Rowling	Johnny	SATURDAY - 3KM	9:40AM WAVE
Rowling	Issy	SATURDAY - 3KM	9:40AM WAVE
Rudd	Jess	SATURDAY - 3KM	10AM WAVE
Ryan	Stuart	SATURDAY - 3KM	11:20AM WAVE
Rylands	Molly	SATURDAY - 3KM	10AM WAVE
Sabuda	Lydia	SATURDAY - 3KM	10AM WAVE
Sabuda	Stefan	SATURDAY - 3KM	10AM WAVE
Salt	Will	SATURDAY - 3KM	12:40PM WAVE
Sampson	Will	SATURDAY - 3KM	12:40PM WAVE
Sandall	Adrian	SATURDAY - 3KM	10.20AM WAVE
Sanicka	Magda	SATURDAY - 3KM	11:40AM WAVE
Sanicki	Oskar	SATURDAY - 3KM	11:40AM WAVE
Santamarina-Price	Elixane	SATURDAY - 3KM	11.00AM WAVE
Santamarina-Price	Ayala	SATURDAY - 3KM	11.00AM WAVE
Savage	Charlotte	SATURDAY - 3KM	10AM WAVE
Sawyers	Isla	SATURDAY - 3KM	10AM WAVE
Scaife	Darren	SATURDAY - 3KM	13.20PM WAVE
Scaife	Gemma	SATURDAY - 3KM	13.20PM WAVE
Scaife	Theo	SATURDAY - 3KM	13.20PM WAVE
Schaefer	Viktoria	SATURDAY - 3KM	10AM WAVE
Scott	Pam	SATURDAY - 3KM	10.20AM WAVE
Scott	Matty	SATURDAY - 3KM	14.20PM WAVE
Scott	Helen	SATURDAY - 3KM	11:40AM WAVE
Scott	Finlay	SATURDAY - 3KM	11:40AM WAVE
Scott	Ethan	SATURDAY - 3KM	9:20AM WAVE
Scott	David	SATURDAY - 3KM	9:20AM WAVE
Scullion	Zak	SATURDAY - 3KM	15.00PM WAVE

seales	james	SATURDAY - 3KM	11:40AM WAVE
Sewell	Laura	SATURDAY - 3KM	13.40PM WAVE
Sewell	Owain	SATURDAY - 3KM	10.40AM WAVE
Sewell	Rhys	SATURDAY - 3KM	10.40AM WAVE
Sewell	Stephen	SATURDAY - 3KM	12.20PM WAVE
Sewell	Elizabeth	SATURDAY - 3KM	12.20PM WAVE
Sewell	Oliver	SATURDAY - 3KM	12.20PM WAVE
Sewell	Ben	SATURDAY - 3KM	12.20PM WAVE
Sewell	Dave	SATURDAY - 3KM	11:40AM WAVE
Sewell	Gracie	SATURDAY - 3KM	11:40AM WAVE
Sharp	Jenni	SATURDAY - 3KM	14.40PM WAVE
Sharp	Bobby	SATURDAY - 3KM	14.40PM WAVE
Sharp	Melanie	SATURDAY - 3KM	14.40PM WAVE
Sharp	Lee	SATURDAY - 3KM	14.40PM WAVE
Sharp	Simone	SATURDAY - 3KM	12PM WAVE
Shaw	Rhea	SATURDAY - 3KM	15.20PM WAVE
Shearer	Kyle	SATURDAY - 3KM	12:40PM WAVE
Shepard	Hannah	SATURDAY - 3KM	10AM WAVE
Shepard	Danni	SATURDAY - 3KM	10AM WAVE
Shimmings	Hallie	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Shimmings	Harvey	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Siddaway	Clare	SATURDAY - 3KM	10.20AM WAVE
Siddaway	Steve	SATURDAY - 3KM	10.20AM WAVE
Siddaway	Niall	SATURDAY - 3KM	10.20AM WAVE
Siddaway	Niall	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Silver	Lisa	SATURDAY - 3KM	10.20AM WAVE
Simpson	David	SATURDAY - 3KM	10AM WAVE
Simpson	Ava	SATURDAY - 3KM	10AM WAVE
Simpson	Leroy	SATURDAY - 3KM	12PM WAVE
Sinclair	Alice	SATURDAY - 3KM	9:20AM WAVE
Sinhleton	Alex	SATURDAY - 3KM	10.40AM WAVE
Sisson	Natalie	SATURDAY - 3KM	15.00PM WAVE
Sisson	Lucy	SATURDAY - 3KM	15.00PM WAVE
Sisson	Hannah	SATURDAY - 3KM	15.00PM WAVE
Sjurseth	Luke	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Skelhorn	Peter	SATURDAY - 3KM	11.00AM WAVE
Skelhorn	Abbie	SATURDAY - 3KM	11.00AM WAVE
Skelhorn	Rachel	SATURDAY - 3KM	11.00AM WAVE
Skinner	Harry	SATURDAY - 3KM	10.40AM WAVE
Skinner	Sadie	SATURDAY - 3KM	10.40AM WAVE
Skinner	Evie	SATURDAY - 3KM	10.40AM WAVE
Slack	Seb	SATURDAY - 3KM	12:40PM WAVE
Slack	John	SATURDAY - 3KM	12:40PM WAVE
Slack	Kristie	SATURDAY - 3KM	15:40PM WAVE
Slack	Hollie	SATURDAY - 3KM	9:40AM WAVE
Slack	Jack	SATURDAY - 3KM	9:40AM WAVE
Slattie	Harry	SATURDAY - 3KM	12:40PM WAVE
Slaven	Gary	SATURDAY - 3KM	12:40PM WAVE

Slaven	Ashton	SATURDAY - 3KM	12:40PM WAVE
sleightholm	Dawn	SATURDAY - 3KM	10.40AM WAVE
sleightholm	Eve	SATURDAY - 3KM	10.40AM WAVE
Slinger	Ruby	SATURDAY - 3KM	13.00PM WAVE
Smillie	Michael	SATURDAY - 3KM	10.40AM WAVE
Smillie	Oliver	SATURDAY - 3KM	10.40AM WAVE
Smillie	Michael	SATURDAY - 3KM	10.40AM WAVE
Smillie	Oscar	SATURDAY - 3KM	10.40AM WAVE
Smith	Reece	SATURDAY - 3KM	13.40PM WAVE
Smith	Ben	SATURDAY - 3KM	10.40AM WAVE
Smith	Roger	SATURDAY - 3KM	15.20PM WAVE
Smith	Matthew	SATURDAY - 3KM	15.20PM WAVE
Smith	Lucy	SATURDAY - 3KM	14.20PM WAVE
Smith	Christopher	SATURDAY - 3KM	10AM WAVE
Smith	Mathew	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Smith	Riley	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Smith	Abigail	SATURDAY - 3KM	13.00PM WAVE
Smith	Hannah	SATURDAY - 3KM	13.00PM WAVE
Snelson	Sarah	SATURDAY - 3KM	14.00PM WAVE
Snelson	Ben	SATURDAY - 3KM	14.00PM WAVE
Snelson	Darren	SATURDAY - 3KM	14.00PM WAVE
Snelson	Amy	SATURDAY - 3KM	14.00PM WAVE
Sparrow	Bow	SATURDAY - 3KM	13.00PM WAVE
Sparrow	Lee	SATURDAY - 3KM	11.00AM WAVE
Sparrow	Bow	SATURDAY - 3KM	11.00AM WAVE
Spedding	Jack	SATURDAY - 3KM	15.00PM WAVE
Spedding	Oliver	SATURDAY - 3KM	15.00PM WAVE
Spedding	Hattie	SATURDAY - 3KM	15.00PM WAVE
Spooner	Pamela	SATURDAY - 3KM	10.40AM WAVE
Squires	Phil	SATURDAY - 3KM	10.20AM WAVE
Squires	Abbie	SATURDAY - 3KM	10.20AM WAVE
Squires	Jake	SATURDAY - 3KM	10.20AM WAVE
Squires	Diane	SATURDAY - 3KM	10AM WAVE
Stainton	Eva	SATURDAY - 3KM	10AM WAVE
Stamper	Gillian	SATURDAY - 3KM	11.00AM WAVE
Steele	Joseph	SATURDAY - 3KM	12:40PM WAVE
Steele	Jessica	SATURDAY - 3KM	11:40AM WAVE
Stelmach	Zabrina	SATURDAY - 3KM	11:20AM WAVE
Stelmach	Stuart	SATURDAY - 3KM	11:20AM WAVE
Stelmach	Aleece	SATURDAY - 3KM	11:20AM WAVE
Stelmach	Layla	SATURDAY - 3KM	11:20AM WAVE
stephan	Indra	SATURDAY - 3KM	13.00PM WAVE
Stephenson	Darren	SATURDAY - 3KM	10.20AM WAVE
Stevens	Hannah	SATURDAY - 3KM	10AM WAVE
Stevens	Alex	SATURDAY - 3KM	10AM WAVE
Stevens	Josie	SATURDAY - 3KM	10AM WAVE
Stevenson	Taylor	SATURDAY - 3KM	9:40AM WAVE
Stevenson	Mark	SATURDAY - 3KM	9:40AM WAVE

Stewart	Julie	SATURDAY - 3KM	11:20AM WAVE
Stockdale	Doreen	SATURDAY - 3KM	15.20PM WAVE
Stockdale	Dean	SATURDAY - 3KM	15.20PM WAVE
Stoddart	Alan	SATURDAY - 3KM	11:20AM WAVE
Stoddart	Jamie	SATURDAY - 3KM	11:20AM WAVE
Stoddart	Savannah	SATURDAY - 3KM	11:20AM WAVE
Storey	Julie	SATURDAY - 3KM	10.20AM WAVE
Stott	Emma	SATURDAY - 3KM	11.00AM WAVE
Stott	Chris	SATURDAY - 3KM	11.00AM WAVE
Stott	Joe	SATURDAY - 3KM	11.00AM WAVE
Stott	Jack	SATURDAY - 3KM	11.00AM WAVE
Strauss	Martin	SATURDAY - 3KM	15.20PM WAVE
Strauss	Diana	SATURDAY - 3KM	15.20PM WAVE
Stuart	Mark	SATURDAY - 3KM	13.40PM WAVE
Stuart	Mark	SATURDAY - 3KM	13.40PM WAVE
Stubbs	Danielle	SATURDAY - 3KM	11:20AM WAVE
Studholme	Charlie	SATURDAY - 3KM	15.20PM WAVE
Sullivan	Keira	SATURDAY - 3KM	13.00PM WAVE
Sungleton	Olivia	SATURDAY - 3KM	10.40AM WAVE
Sunter	Clare	SATURDAY - 3KM	10.20AM WAVE
Sutherland	Jenna	SATURDAY - 3KM	10.20AM WAVE
Sutherland	Paige	SATURDAY - 3KM	10.20AM WAVE
Sutherland	Issac	SATURDAY - 3KM	10.20AM WAVE
Sutherland	Judy	SATURDAY - 3KM	13.40PM WAVE
Sutherland	Callum	SATURDAY - 3KM	13.40PM WAVE
Sutherland	Colin	SATURDAY - 3KM	13.40PM WAVE
Sutherland	Katie	SATURDAY - 3KM	13.40PM WAVE
Swailles	Dylan	SATURDAY - 3KM	9:20AM WAVE
Swainson	Heather	SATURDAY - 3KM	13.20PM WAVE
Swainson	Jacob	SATURDAY - 3KM	13.20PM WAVE
Sweeny	Lauren	SATURDAY - 3KM	10.20AM WAVE
Swift	Jassamine	SATURDAY - 3KM	14.40PM WAVE
Swift	Jake	SATURDAY - 3KM	14.40PM WAVE
Swift	Vicky	SATURDAY - 3KM	14.40PM WAVE
Sznip	Ewelina	SATURDAY - 3KM	12PM WAVE
Sznip	Aleksandra	SATURDAY - 3KM	12PM WAVE
Sznip	Igor	SATURDAY - 3KM	12PM WAVE
Szpurgis	Dominik	SATURDAY - 3KM	12PM WAVE
Szpurgis	Katarzyna	SATURDAY - 3KM	12PM WAVE
Szpurgis	Szymon	SATURDAY - 3KM	12PM WAVE
Tait	Jason	SATURDAY - 3KM	10.40AM WAVE
Tait	Christian	SATURDAY - 3KM	10.40AM WAVE
tarrant	Jamie	SATURDAY - 3KM	11:40AM WAVE
Taylor	Dylan	SATURDAY - 3KM	12:40PM WAVE
Taylor	Liam	SATURDAY - 3KM	12:40PM WAVE
Taylor	Stephen	SATURDAY - 3KM	12:40PM WAVE
Taylor	Chris	SATURDAY - 3KM	13.40PM WAVE
Taylor	Thomas	SATURDAY - 3KM	13.40PM WAVE

Taylor	Freddie	SATURDAY - 3KM	13.40PM WAVE
Taylor	Dan	SATURDAY - 3KM	13.40PM WAVE
Taylor	Josh	SATURDAY - 3KM	14.40PM WAVE
Taylor	Paul	SATURDAY - 3KM	14.40PM WAVE
Taylor	Helen-Marie	SATURDAY - 3KM	15.20PM WAVE
Taylor	Sarah	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Taylor	James	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Taylor	Riley	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Taylor Smitheman	Jack	SATURDAY - 3KM	15.20PM WAVE
Taylor Smitheman	Sofia	SATURDAY - 3KM	15.20PM WAVE
Telford	Mark	SATURDAY - 3KM	10AM WAVE
Thomlinson	Spencer	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Thompson	David	SATURDAY - 3KM	13.00PM WAVE
Thompson	Anna	SATURDAY - 3KM	13.00PM WAVE
Thompson	Emmanuella	SATURDAY - 3KM	14.00PM WAVE
Thompson	Matthew	SATURDAY - 3KM	14.00PM WAVE
Thompson	Mattia	SATURDAY - 3KM	14.00PM WAVE
Thompson	Alessio	SATURDAY - 3KM	14.00PM WAVE
Thompson	Jackie	SATURDAY - 3KM	14.00PM WAVE
Thompson	John	SATURDAY - 3KM	14.00PM WAVE
Thompson	Zoe	SATURDAY - 3KM	12PM WAVE
Thompson	Craig	SATURDAY - 3KM	12PM WAVE
Thompson	Kai	SATURDAY - 3KM	12PM WAVE
Thompson	Michael	SATURDAY - 3KM	13.00PM WAVE
Thompson	Kayden	SATURDAY - 3KM	14.00PM WAVE
Thomson	Ashley	SATURDAY - 3KM	10.20AM WAVE
Thomson	Lilli	SATURDAY - 3KM	10.20AM WAVE
Thorburn	Amelie	SATURDAY - 3KM	11:40AM WAVE
Thwaites	Oliver	SATURDAY - 3KM	10.40AM WAVE
Tilbe	Tessa	SATURDAY - 3KM	10.20AM WAVE
Toulouse	Jenny	SATURDAY - 3KM	11:20AM WAVE
Toulouse	Wee gran	SATURDAY - 3KM	11:20AM WAVE
Towns	Thomas	SATURDAY - 3KM	9:20AM WAVE
Townsley	J	SATURDAY - 3KM	13.40PM WAVE
Traynor	Amelia	SATURDAY - 3KM	9:40AM WAVE
Traynor	Russell	SATURDAY - 3KM	9:40AM WAVE
Treeby	Craig	SATURDAY - 3KM	9:40AM WAVE
Turnbull	Jack	SATURDAY - 3KM	15.20PM WAVE
Turnbull	Ashley	SATURDAY - 3KM	15.20PM WAVE
Turnbull	Amy	SATURDAY - 3KM	15.20PM WAVE
Turnbull	Barbara	SATURDAY - 3KM	15.00PM WAVE
Turner	Steve	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Turner	Kate	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Turner	Billy	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Turner	Sammy	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Turton	Isobel	SATURDAY - 3KM	10AM WAVE
Ulyart	Kian	SATURDAY - 3KM	15.20PM WAVE
Ulyart	Fletcher	SATURDAY - 3KM	9:40AM WAVE

Ulliyart	Leighton	SATURDAY - 3KM	9:40AM WAVE
Ulliyart	Taylor	SATURDAY - 3KM	9:20AM WAVE
Underwood	Paul	SATURDAY - 3KM	11:20AM WAVE
Unwin	Jack	SATURDAY - 3KM	12:40PM WAVE
Unwin	Simon	SATURDAY - 3KM	12:40PM WAVE
Urbanowicz	Zofia	SATURDAY - 3KM	10.40AM WAVE
Urbanowicz	Bartosz	SATURDAY - 3KM	10.40AM WAVE
Usiholo	Claire	SATURDAY - 3KM	13.40PM WAVE
Usiholo	Raphael	SATURDAY - 3KM	13.40PM WAVE
Usiholo	Rio	SATURDAY - 3KM	13.40PM WAVE
Van Iterson	Paul	SATURDAY - 3KM	9:40AM WAVE
Varah	Nick	SATURDAY - 3KM	9:40AM WAVE
Varah	Eden	SATURDAY - 3KM	9:40AM WAVE
Vevers	Gary	SATURDAY - 3KM	12:40PM WAVE
Vevers	Lewis	SATURDAY - 3KM	12:40PM WAVE
Vevers	Tom	SATURDAY - 3KM	11.00AM WAVE
Vilchez	Evangeline	SATURDAY - 3KM	9:40AM WAVE
Wadeson	Ian	SATURDAY - 3KM	9:20AM WAVE
Wadsworth	Holly	SATURDAY - 3KM	12PM WAVE
Waggott	Maddison	SATURDAY - 3KM	13.00PM WAVE
Ward	Harry	SATURDAY - 3KM	13.40PM WAVE
Ward	Jonny	SATURDAY - 3KM	10.20AM WAVE
Wareing	Stuart	SATURDAY - 3KM	12PM WAVE
wareing	Kate	SATURDAY - 3KM	12PM WAVE
wareing	isla	SATURDAY - 3KM	12PM WAVE
Wareing	Iona	SATURDAY - 3KM	12PM WAVE
Warwick	Mike	SATURDAY - 3KM	13.20PM WAVE
Warwick	Mason	SATURDAY - 3KM	13.20PM WAVE
Warwick	Emma	SATURDAY - 3KM	13.20PM WAVE
Watson	Sophie	SATURDAY - 3KM	9:40AM WAVE
watson	Olivia	SATURDAY - 3KM	9:40AM WAVE
Watson	Robbie	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Watson	Jamie	SATURDAY - 3KM	11:40AM WAVE
Watson	Ethan	SATURDAY - 3KM	11:40AM WAVE
Weaver	Ellie	SATURDAY - 3KM	10AM WAVE
Wedgewood	Alfie	SATURDAY - 3KM	10.40AM WAVE
Wedgewood	Lee	SATURDAY - 3KM	10.40AM WAVE
Wharmby	Robert	SATURDAY - 3KM	14.20PM WAVE
Wharmby	Jay	SATURDAY - 3KM	14.20PM WAVE
Wharmby	Daniel	SATURDAY - 3KM	14.20PM WAVE
Whelan	Aiden	SATURDAY - 3KM	15.00PM WAVE
White	Callum	SATURDAY - 3KM	14.40PM WAVE
Whiteley	David	SATURDAY - 3KM	15.20PM WAVE
Whittaker	Kyle	SATURDAY - 3KM	9:20AM WAVE
Whittaker	Alicia	SATURDAY - 3KM	9:20AM WAVE
Wilkinson	Oscar	SATURDAY - 3KM	11.00AM WAVE
Wilkinson	Christopher	SATURDAY - 3KM	12PM WAVE
Wilson	Taylor	SATURDAY - 3KM	14.00PM WAVE

Wilson	Evie	SATURDAY - 3KM	14.20PM WAVE
Wilson	Annice	SATURDAY - 3KM	10AM WAVE
Wilson	Daniel	SATURDAY - 3KM	14.00PM WAVE
Wilson-philip	Lydia	SATURDAY - 3KM	10AM WAVE
Wilson-philip	Torrie	SATURDAY - 3KM	10AM WAVE
Winter	Jo	SATURDAY - 3KM	10.20AM WAVE
W-Lane	Bailey	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
Wojcik	Karina	SATURDAY - 3KM	14.20PM WAVE
Wood	Joshua	SATURDAY - 3KM	12:40PM WAVE
Wood	Nancé	SATURDAY - 3KM	12:40PM WAVE
Wood	Louise	SATURDAY - 3KM	12:40PM WAVE
Wood	oliver	SATURDAY - 3KM	15.20PM WAVE
Wood	Evan	SATURDAY - 3KM	9:20AM WAVE
Woods	Olly	SATURDAY - 3KM	13.20PM WAVE
Woodward	Laura	SATURDAY - 3KM	13.00PM WAVE
Wright	Shay	SATURDAY - 3KM	12:40PM WAVE
Wright	Ashley	SATURDAY - 3KM	14.20PM WAVE
Wright	Niall	SATURDAY - 3KM	15.20PM WAVE
Yates	Chris	SATURDAY - 3KM	12:40PM WAVE
Yates	Ryan	SATURDAY - 3KM	12:40PM WAVE
Yeomans	Brian	SATURDAY - 3KM	10.40AM WAVE
Young	Steven	SATURDAY - 3KM	15.20PM WAVE
Young	Jackson	SATURDAY - 3KM	15.20PM WAVE
Zeroual	Andy	SATURDAY - 3KM	12.20PM WAVE
Zeroual	Sarah	SATURDAY - 3KM	12.20PM WAVE
Zeroual	Sam	SATURDAY - 3KM	12.20PM WAVE
Zeroual	Izzy	SATURDAY - 3KM	12.20PM WAVE
	Ryan	SATURDAY - 3KM	13.40PM WAVE
	Betsy	SATURDAY - 3KM	14.20PM WAVE
	Ellen	SATURDAY - 3KM	14.20PM WAVE
	Ruby	SATURDAY - 3KM	14.20PM WAVE
	Patryk	SATURDAY - 3KM	14.20PM WAVE
	Jessica	SATURDAY - 3KM	14.20PM WAVE
	Joanna	SATURDAY - 3KM	14.20PM WAVE
	Rafat	SATURDAY - 3KM	14.20PM WAVE
	Jack	SATURDAY - 3KM	14.40PM WAVE
	Emmrea	SATURDAY - 3KM	14.40PM WAVE
	Niall	SATURDAY - 3KM	14.40PM WAVE
	Alfie	SATURDAY - 3KM	14.40PM WAVE
	Amelia	SATURDAY - 3KM	10AM WAVE
	Bumba	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE
	Klara	SATURDAY - 3KM	9AM WAVE - PRIZE WAVE

SUNDAY 3K

Last Name	First Name	Event	Wave Time
Coates	Michael	SUNDAY - 3KM	16:00 WAVE
Coates	Amanda	SUNDAY - 3KM	16:00 WAVE
Coates	Will	SUNDAY - 3KM	16:00 WAVE
Hamilton	David	SUNDAY - 3KM	16:00 WAVE
Hamilton	Nicola	SUNDAY - 3KM	16:00 WAVE
Hamilton	Archie	SUNDAY - 3KM	16:00 WAVE
Hamilton	Harry	SUNDAY - 3KM	16:00 WAVE
Hamilton	Caroline	SUNDAY - 3KM	16:00 WAVE
Hamilton	Craig	SUNDAY - 3KM	16:00 WAVE
Hamilton	Marcus	SUNDAY - 3KM	16:00 WAVE
Hamilton	Anthony	SUNDAY - 3KM	16:00 WAVE
Holliday	Richard	SUNDAY - 3KM	16:00 WAVE
Holliday	Kirsty	SUNDAY - 3KM	16:00 WAVE
Holliday	Ellis	SUNDAY - 3KM	16:00 WAVE
Holliday	Eden	SUNDAY - 3KM	16:00 WAVE
Johnston	Steven	SUNDAY - 3KM	16:00 WAVE
Johnston	Oliver	SUNDAY - 3KM	16:00 WAVE
Johnston	Arron	SUNDAY - 3KM	16:00 WAVE
MacDonald	Kerry	SUNDAY - 3KM	16:00 WAVE
Nicholson	Debbie	SUNDAY - 3KM	16:00 WAVE
Nicholson	Greig	SUNDAY - 3KM	16:00 WAVE
Nicholson	Molly	SUNDAY - 3KM	16:00 WAVE
Nicholson	Aiden	SUNDAY - 3KM	16:00 WAVE
Reynolds	Stewart	SUNDAY - 3KM	16:00 WAVE
Reynolds	Mia Jade	SUNDAY - 3KM	16:00 WAVE
Taylor Reynolds	Brooke	SUNDAY - 3KM	16:00 WAVE
Thompson	Zoe	SUNDAY - 3KM	16:00 WAVE
Thompson	John Steven	SUNDAY - 3KM	16:00 WAVE
Thompson	Tyler	SUNDAY - 3KM	16:00 WAVE

SUNDAY 6K

Last Name	First Name	Event	Wave Time
Addison	Elliott	SUNDAY - 6KM	14:20PM WAVE
Akdeniz	William	SUNDAY - 6KM	14.00PM - FAST WAVE
Allan	Christina	SUNDAY - 6KM	14:40PM WAVE
Armstrong	Charlotte	SUNDAY - 6KM	14.00PM - FAST WAVE
Arnot	Logan	SUNDAY - 6KM	14:40PM WAVE
Attenborough	Ellie	SUNDAY - 6KM	14:20PM WAVE
Babik	Bartlomiej	SUNDAY - 6KM	14:20PM WAVE
Ballantyne	Sophie	SUNDAY - 6KM	14:40PM WAVE
Barratt	Kelly	SUNDAY - 6KM	14:40PM WAVE
Barratt	Isabelle	SUNDAY - 6KM	14:40PM WAVE
Barratt	Owen	SUNDAY - 6KM	14:40PM WAVE
Barron	Louise	SUNDAY - 6KM	14.00PM - FAST WAVE
Bartkowiak	Gabriel	SUNDAY - 6KM	14:20PM WAVE
Bartlett	Anya	SUNDAY - 6KM	12:00PM WAVE
Barwise	Martin	SUNDAY - 6KM	14:20PM WAVE
Barwise	Rhianne	SUNDAY - 6KM	14:20PM WAVE
Beacom	Zach	SUNDAY - 6KM	14:40PM WAVE
Beacom	Mervyn	SUNDAY - 6KM	14:40PM WAVE
Beaty	Kaye	SUNDAY - 6KM	14.00PM - FAST WAVE
Beaty	Claire	SUNDAY - 6KM	14.00PM - FAST WAVE
Belger	Helen	SUNDAY - 6KM	14:40PM WAVE
Bell	Sarah	SUNDAY - 6KM	14:20PM WAVE
Bell	Robert	SUNDAY - 6KM	14:20PM WAVE
Bell	Polly	SUNDAY - 6KM	14:20PM WAVE
Bell	Allan	SUNDAY - 6KM	14:20PM WAVE
Bell	Sue	SUNDAY - 6KM	14:20PM WAVE
Bell	Sandra	SUNDAY - 6KM	14:40PM WAVE
Birrell	Linda	SUNDAY - 6KM	14:20PM WAVE
Blackburn	Owen	SUNDAY - 6KM	14.00PM - FAST WAVE
Blazejewski	Dawid	SUNDAY - 6KM	14:40PM WAVE
Bone	Charlene	SUNDAY - 6KM	14:40PM WAVE
Bowman	Joanne	SUNDAY - 6KM	14:40PM WAVE
BRENNAN	JACQUELINE	SUNDAY - 6KM	14:20PM WAVE
Brentwood	Ben	SUNDAY - 6KM	14.00PM - FAST WAVE
Briggs	Alex	SUNDAY - 6KM	14:20PM WAVE
Broomby	Lucie	SUNDAY - 6KM	15.20PM WAVE
Broomby	Aimee	SUNDAY - 6KM	15.20PM WAVE
Brown	Amanda	SUNDAY - 6KM	14:40PM WAVE
bROWN	Wayne	SUNDAY - 6KM	14:40PM WAVE
Brown	Naomi	SUNDAY - 6KM	14:40PM WAVE
Brown	Lewis	SUNDAY - 6KM	14:40PM WAVE
Brown	Paul	SUNDAY - 6KM	15.00PM WAVE
Brunskill	Sadie	SUNDAY - 6KM	14:40PM WAVE
Burgess	Rachel	SUNDAY - 6KM	14:20PM WAVE
Butcher	Millie	SUNDAY - 6KM	12:00PM WAVE

Byrne	Steven	SUNDAY - 6KM	14:20PM WAVE
callum	baillie	SUNDAY - 6KM	15.00PM WAVE
Campbell	Rebecca	SUNDAY - 6KM	14:20PM WAVE
Carr	Megan	SUNDAY - 6KM	14:20PM WAVE
Carr	Amy	SUNDAY - 6KM	14:40PM WAVE
Charters	Hayden	SUNDAY - 6KM	14.00PM - FAST WAVE
Clarke	Niamh	SUNDAY - 6KM	14:40PM WAVE
Clohesy	Kevin	SUNDAY - 6KM	14:40PM WAVE
Clohesy	Oliver	SUNDAY - 6KM	14:40PM WAVE
Clow	Sarah	SUNDAY - 6KM	14:20PM WAVE
Cole	Kev	SUNDAY - 6KM	14:20PM WAVE
Collard	Danny	SUNDAY - 6KM	15.00PM WAVE
Collard	Jamie	SUNDAY - 6KM	15.00PM WAVE
Cornwall	Ben	SUNDAY - 6KM	15:40PM WAVE
Cromar	Dale	SUNDAY - 6KM	14:20PM WAVE
Cruickshank	Blair	SUNDAY - 6KM	14:40PM WAVE
Cumersky	Ian	SUNDAY - 6KM	14:20PM WAVE
Daniels	Ethan	SUNDAY - 6KM	14:40PM WAVE
Daniels	David	SUNDAY - 6KM	14:40PM WAVE
David	Grace	SUNDAY - 6KM	14:40PM WAVE
Davis	Rachel	SUNDAY - 6KM	14:40PM WAVE
Dent	Jasmine	SUNDAY - 6KM	12:00PM WAVE
Dinwoodie	Ben	SUNDAY - 6KM	14:40PM WAVE
Dixon	Jeff	SUNDAY - 6KM	16.00PM WAVE
Dockray	Jennifer	SUNDAY - 6KM	14.00PM - FAST WAVE
Dodd	Kyla	SUNDAY - 6KM	14:20PM WAVE
Doran	Megan	SUNDAY - 6KM	16.00PM WAVE
Douglas	Lynne	SUNDAY - 6KM	14:40PM WAVE
Douglas	Micheal	SUNDAY - 6KM	14:40PM WAVE
Douglas	Daniel	SUNDAY - 6KM	14:40PM WAVE
Doyle	Isla	SUNDAY - 6KM	15.00PM WAVE
Duncan	Lee-Ann	SUNDAY - 6KM	14:20PM WAVE
Durczok	Simon	SUNDAY - 6KM	14.00PM - FAST WAVE
Edmondson	Ciara	SUNDAY - 6KM	12:00PM WAVE
Edney	Charlotte	SUNDAY - 6KM	14.00PM - FAST WAVE
Edwards	Catherine	SUNDAY - 6KM	14:20PM WAVE
Edwards	Amy	SUNDAY - 6KM	14.00PM - FAST WAVE
Edwards	Helen	SUNDAY - 6KM	14.00PM - FAST WAVE
Elliot	Connor	SUNDAY - 6KM	14:20PM WAVE
English	Kyle	SUNDAY - 6KM	14.00PM - FAST WAVE
Errington	Connor	SUNDAY - 6KM	14.00PM - FAST WAVE
Evans	Jake	SUNDAY - 6KM	14.00PM - FAST WAVE
Evans	Scott	SUNDAY - 6KM	14.00PM - FAST WAVE
Evans	John	SUNDAY - 6KM	14:20PM WAVE
Evans	Matthew	SUNDAY - 6KM	14:20PM WAVE
Evans	Chris	SUNDAY - 6KM	14:20PM WAVE
Evans	Joe	SUNDAY - 6KM	14:20PM WAVE
Farley	Dan	SUNDAY - 6KM	14:20PM WAVE

Farrell	Simon	SUNDAY - 6KM	14.00PM - FAST WAVE
Fawkes	Megan	SUNDAY - 6KM	14:20PM WAVE
Ferrington	Steve	SUNDAY - 6KM	14:40PM WAVE
Finlinson	Shirley	SUNDAY - 6KM	14.00PM - FAST WAVE
Fisher	Victoria	SUNDAY - 6KM	14.00PM - FAST WAVE
Flitcroft	Emma	SUNDAY - 6KM	14:40PM WAVE
Ford	Lauren	SUNDAY - 6KM	15.00PM WAVE
Forster	Carl	SUNDAY - 6KM	14.00PM - FAST WAVE
Forster	Chloe	SUNDAY - 6KM	14.00PM - FAST WAVE
Forster	Sarah	SUNDAY - 6KM	14:40PM WAVE
Foster	Mandy	SUNDAY - 6KM	14.00PM - FAST WAVE
Galloway	Ollie	SUNDAY - 6KM	14.00PM - FAST WAVE
Giles	Laura	SUNDAY - 6KM	14:20PM WAVE
Gilmour	Jessica	SUNDAY - 6KM	15.00PM WAVE
Glaister	Jennifer	SUNDAY - 6KM	14:20PM WAVE
Goodwin	Rachel	SUNDAY - 6KM	14:40PM WAVE
Gowling	Rebecca	SUNDAY - 6KM	15.00PM WAVE
Graham	Choelette	SUNDAY - 6KM	14:20PM WAVE
Graham	Garry	SUNDAY - 6KM	14:20PM WAVE
Graham	Emma	SUNDAY - 6KM	14:20PM WAVE
Graham	Tabitha	SUNDAY - 6KM	14:40PM WAVE
gray	harry	SUNDAY - 6KM	14:40PM WAVE
Greenwood	Jake	SUNDAY - 6KM	15:40PM WAVE
Greenwood	Kit	SUNDAY - 6KM	15:40PM WAVE
Greenwood	Daisy	SUNDAY - 6KM	15:40PM WAVE
Grindley	Olivia	SUNDAY - 6KM	14.00PM - FAST WAVE
Harkness	Kayley	SUNDAY - 6KM	14.00PM - FAST WAVE
Harris	Rebecca	SUNDAY - 6KM	15.00PM WAVE
Hart	Alyson	SUNDAY - 6KM	14.00PM - FAST WAVE
Hartley	Julie	SUNDAY - 6KM	14:20PM WAVE
header	michelle	SUNDAY - 6KM	14:20PM WAVE
Hewartson	Kath	SUNDAY - 6KM	16.00PM WAVE
Hinde	Emma	SUNDAY - 6KM	14:40PM WAVE
Hope	Mike	SUNDAY - 6KM	14.00PM - FAST WAVE
Horsley	Sarah	SUNDAY - 6KM	14.00PM - FAST WAVE
Howatson	Catrina	SUNDAY - 6KM	14:40PM WAVE
Huddart	Emma	SUNDAY - 6KM	14:20PM WAVE
Hunt	Ben	SUNDAY - 6KM	14.00PM - FAST WAVE
Hurst	Alex	SUNDAY - 6KM	14:20PM WAVE
hurst	nicola	SUNDAY - 6KM	14:40PM WAVE
Jackson	Rosalind	SUNDAY - 6KM	14:20PM WAVE
Jackson	Connor	SUNDAY - 6KM	14:40PM WAVE
James	Olivia	SUNDAY - 6KM	12:00PM WAVE
James	Emma	SUNDAY - 6KM	14:40PM WAVE
James	Rachael	SUNDAY - 6KM	14:40PM WAVE
Jardine	David	SUNDAY - 6KM	15.00PM WAVE
Jardine	Scarlett	SUNDAY - 6KM	15.20PM WAVE
Johnson	Matthew	SUNDAY - 6KM	14:40PM WAVE

Johnstone	Andrew	SUNDAY - 6KM	14:20PM WAVE
Johnstone	Joshua	SUNDAY - 6KM	14:20PM WAVE
Jones	Dylan	SUNDAY - 6KM	14:20PM WAVE
Kelly	Michelle	SUNDAY - 6KM	14:20PM WAVE
Kirkland	Jamie	SUNDAY - 6KM	14:20PM WAVE
Lancaster	Jacqueline	SUNDAY - 6KM	14:40PM WAVE
Lancaster	Katie	SUNDAY - 6KM	14:40PM WAVE
Langstaff	Abbie	SUNDAY - 6KM	14.00PM - FAST WAVE
Lawson	Emma	SUNDAY - 6KM	14.00PM - FAST WAVE
Lawson Mcmi	Robert	SUNDAY - 6KM	14.00PM - FAST WAVE
Leeanne	Eilbeck	SUNDAY - 6KM	14.00PM - FAST WAVE
Litte	Leanne	SUNDAY - 6KM	14:20PM WAVE
Little	Evie	SUNDAY - 6KM	15.20PM WAVE
Love	Adam	SUNDAY - 6KM	14:40PM WAVE
Lowis	Emelia	SUNDAY - 6KM	12:00PM WAVE
lynch	fiona	SUNDAY - 6KM	14:20PM WAVE
Macfarlane	Kim	SUNDAY - 6KM	14:20PM WAVE
Mann	Mungo	SUNDAY - 6KM	14:20PM WAVE
March	Sarah	SUNDAY - 6KM	14.00PM - FAST WAVE
Masson	Emma	SUNDAY - 6KM	14:20PM WAVE
Matthews	Louise	SUNDAY - 6KM	14.00PM - FAST WAVE
Maxwell-Smith	Claire	SUNDAY - 6KM	14:20PM WAVE
McCall	Lisa	SUNDAY - 6KM	14:40PM WAVE
McCormack	Mark	SUNDAY - 6KM	14.00PM - FAST WAVE
Mccullough	Joanne	SUNDAY - 6KM	14.00PM - FAST WAVE
Mccullough	Emily	SUNDAY - 6KM	14.00PM - FAST WAVE
McDermott	Lee	SUNDAY - 6KM	14.00PM - FAST WAVE
Mchattie	Sara	SUNDAY - 6KM	14:20PM WAVE
McPhearson	Abbie	SUNDAY - 6KM	15.20PM WAVE
McPhearson	Olivia	SUNDAY - 6KM	15.20PM WAVE
Milburn	Lois	SUNDAY - 6KM	16.00PM WAVE
Mitchell	Lee	SUNDAY - 6KM	14:40PM WAVE
Mitchell	Francesca	SUNDAY - 6KM	14:40PM WAVE
Mitchell	Jay	SUNDAY - 6KM	14:40PM WAVE
Mitchell	Helen	SUNDAY - 6KM	14:40PM WAVE
Moore	Lynn	SUNDAY - 6KM	14:40PM WAVE
Moore	Ryan	SUNDAY - 6KM	14:40PM WAVE
Moran	Amie	SUNDAY - 6KM	14.00PM - FAST WAVE
Naser	Nari	SUNDAY - 6KM	14.00PM - FAST WAVE
Naylor	Alice	SUNDAY - 6KM	15:40PM WAVE
Neale	Karen	SUNDAY - 6KM	14:20PM WAVE
Nichol	Angela	SUNDAY - 6KM	14:20PM WAVE
Norman	Sammi Jo	SUNDAY - 6KM	14:40PM WAVE
O'Brien	Cara	SUNDAY - 6KM	14:40PM WAVE
O'Connor	Charlotte	SUNDAY - 6KM	14:40PM WAVE
Olson	Kieron	SUNDAY - 6KM	14.00PM - FAST WAVE
Pasa	James	SUNDAY - 6KM	14:40PM WAVE
Pattinson	Kelsey	SUNDAY - 6KM	14:20PM WAVE

Pattinson	Stacey	SUNDAY - 6KM	14:40PM WAVE
Payne	Rachel	SUNDAY - 6KM	14:20PM WAVE
Pearson	Kay	SUNDAY - 6KM	14:20PM WAVE
Phillips	George	SUNDAY - 6KM	14:40PM WAVE
Pinske	Sophie	SUNDAY - 6KM	14:20PM WAVE
Potter	Katy	SUNDAY - 6KM	14:20PM WAVE
Potter	Duncan	SUNDAY - 6KM	14:20PM WAVE
Potter	Sam	SUNDAY - 6KM	14:20PM WAVE
Potter	Hannah	SUNDAY - 6KM	14:20PM WAVE
Proud	Danni	SUNDAY - 6KM	14:20PM WAVE
Pullan	Isaac	SUNDAY - 6KM	12:00PM WAVE
Ralph	Alex	SUNDAY - 6KM	14:20PM WAVE
Reid	Macy	SUNDAY - 6KM	14:40PM WAVE
Reynolds	Jemma	SUNDAY - 6KM	14:40PM WAVE
Rhind	Callum	SUNDAY - 6KM	14:20PM WAVE
Richardson	Sophie	SUNDAY - 6KM	12:00PM WAVE
Richardson	Sophie	SUNDAY - 6KM	14:40PM WAVE
Riddex	Caitlyn	SUNDAY - 6KM	14:40PM WAVE
Ridley	Guy	SUNDAY - 6KM	14:20PM WAVE
Roberts	Ave	SUNDAY - 6KM	15.00PM WAVE
Robinson	Thomas	SUNDAY - 6KM	14:20PM WAVE
Robinson	Chloe	SUNDAY - 6KM	14:20PM WAVE
Robson	Beth	SUNDAY - 6KM	14.00PM - FAST WAVE
Robson	Joseph	SUNDAY - 6KM	14:20PM WAVE
Rooney	Sarah	SUNDAY - 6KM	14:20PM WAVE
Rooney	Greg	SUNDAY - 6KM	14:20PM WAVE
Roper	Robin	SUNDAY - 6KM	14.00PM - FAST WAVE
Rotarides	Rhiann	SUNDAY - 6KM	15.00PM WAVE
Rowley	Shannon	SUNDAY - 6KM	15.00PM WAVE
Ryan	Stuart	SUNDAY - 6KM	14:40PM WAVE
Scott	Natalie	SUNDAY - 6KM	14:20PM WAVE
Shepherd	Dèmi-Leigh	SUNDAY - 6KM	14:20PM WAVE
Smith	Christina	SUNDAY - 6KM	14:20PM WAVE
Smith	Rebecca	SUNDAY - 6KM	15.00PM WAVE
Smith	Richard	SUNDAY - 6KM	16.00PM WAVE
Stamper	Janice	SUNDAY - 6KM	14:40PM WAVE
Stamper	Graham	SUNDAY - 6KM	14:40PM WAVE
Steadman	Molly	SUNDAY - 6KM	14:40PM WAVE
Steadman	Jacob	SUNDAY - 6KM	14:40PM WAVE
Steadman	Megan	SUNDAY - 6KM	14:40PM WAVE
Steel	Brooke	SUNDAY - 6KM	14:40PM WAVE
Stirling	Mandy	SUNDAY - 6KM	14:40PM WAVE
Stoelk	Melanie	SUNDAY - 6KM	14.00PM - FAST WAVE
Stones	Tash	SUNDAY - 6KM	15:40PM WAVE
Sutcliffe	Hannah	SUNDAY - 6KM	15.00PM WAVE
Sword	Jodie	SUNDAY - 6KM	14:40PM WAVE
Taylor	Gary	SUNDAY - 6KM	14.00PM - FAST WAVE
Taylor	Gayle	SUNDAY - 6KM	14.00PM - FAST WAVE

Taylor	Ricky	SUNDAY - 6KM	14.00PM - FAST WAVE
Taylor	Tasha	SUNDAY - 6KM	14.00PM - FAST WAVE
Taylor	Imogen	SUNDAY - 6KM	14.00PM - FAST WAVE
Taylor	Helen	SUNDAY - 6KM	14:20PM WAVE
Taylor	Daniel	SUNDAY - 6KM	14:20PM WAVE
Taylor	Adele	SUNDAY - 6KM	14:20PM WAVE
TAYLOR	KIRK	SUNDAY - 6KM	14:20PM WAVE
Thompson	Sarah	SUNDAY - 6KM	14:40PM WAVE
Thompson	Sophie	SUNDAY - 6KM	15.00PM WAVE
Thompson's-Bloxh	Ben	SUNDAY - 6KM	14:20PM WAVE
Thomson	Natalie	SUNDAY - 6KM	14:20PM WAVE
Thornton	Kieran	SUNDAY - 6KM	16.00PM WAVE
Todd	Saskia	SUNDAY - 6KM	14:20PM WAVE
Tuddenham	Lee	SUNDAY - 6KM	14:40PM WAVE
Unger	Liese	SUNDAY - 6KM	16.00PM WAVE
Walker	Millie	SUNDAY - 6KM	14:40PM WAVE
Warwick	Becca	SUNDAY - 6KM	14.00PM - FAST WAVE
White	Kailey	SUNDAY - 6KM	14:40PM WAVE
Whitehead	Andrew	SUNDAY - 6KM	14:20PM WAVE
Whitehead	Rachel	SUNDAY - 6KM	14:20PM WAVE
Whitehead	David	SUNDAY - 6KM	14:20PM WAVE
Whittle	Declan	SUNDAY - 6KM	15.00PM WAVE
Wilkinson	Amy	SUNDAY - 6KM	14:20PM WAVE
Wilkinson	Jack	SUNDAY - 6KM	14:20PM WAVE
Wilson	Bert	SUNDAY - 6KM	12:00PM WAVE
wilson	sharon	SUNDAY - 6KM	14:20PM WAVE
wilson	Daniel	SUNDAY - 6KM	14:40PM WAVE
Witkowska	Marta	SUNDAY - 6KM	14:40PM WAVE
Witkowski	Piotr	SUNDAY - 6KM	14:40PM WAVE
Woodend	Kimberly	SUNDAY - 6KM	14:40PM WAVE
Woods	Valda	SUNDAY - 6KM	15.20PM WAVE
Yielder	Nathan	SUNDAY - 6KM	12:00PM WAVE
Young	Oriana	SUNDAY - 6KM	15.00PM WAVE

SUNDAY 10K

Last Name	First Name	Event	Wave Time
Adams	Ryan	SUNDAY - 10 KM	10.20AM WAVE
Adams	Nicola	SUNDAY - 10 KM	10AM WAVE - PRIZE WAVE
Adams	Alistair	SUNDAY - 10 KM	10AM WAVE - PRIZE WAVE
Adams	Stuart	SUNDAY - 10 KM	12:00PM WAVE
Adams	Stuart	SUNDAY - 10 KM	12:20PM WAVE
Alan	Lovell	SUNDAY - 10 KM	10.20AM WAVE
Allan	Stuart	SUNDAY - 10 KM	10.20AM WAVE
Allen	Ollie	SUNDAY - 10 KM	11:00AM WAVE
allmam	gareth	SUNDAY - 10 KM	12:00PM WAVE
Al-Tikriti	Karam	SUNDAY - 10 KM	12:20PM WAVE
Anderson	Fiona	SUNDAY - 10 KM	10.20AM WAVE
Anderson	Mike	SUNDAY - 10 KM	10.20AM WAVE
Anderson	Davinia	SUNDAY - 10 KM	11.40AM WAVE
Armstrong	Rachel	SUNDAY - 10 KM	10.40AM - WAVE
Armstrong	Sarah	SUNDAY - 10 KM	10AM WAVE - PRIZE WAVE
Askins	Trevor	SUNDAY - 10 KM	10.20AM WAVE
Bacon	Emily	SUNDAY - 10 KM	13.40PM WAVE
Bailey	Emma	SUNDAY - 10 KM	11:00AM WAVE
Bainbridge	Camilla	SUNDAY - 10 KM	12:00PM WAVE
Bainbridge	Dave	SUNDAY - 10 KM	12:00PM WAVE
Balmer	Anne	SUNDAY - 10 KM	13:00PM WAVE
Barker	Nick	SUNDAY - 10 KM	11:20AM WAVE
Barton	Wayne	SUNDAY - 10 KM	10AM WAVE - PRIZE WAVE
Barton	Alex	SUNDAY - 10 KM	13.40PM WAVE
Batty	Daniel	SUNDAY - 10 KM	13.40PM WAVE
Baty	Julie	SUNDAY - 10 KM	11:00AM WAVE
Beaty	Joe	SUNDAY - 10 KM	13.40PM WAVE
Beaty	Mark	SUNDAY - 10 KM	13.40PM WAVE
Beaty	Tom	SUNDAY - 10 KM	13.40PM WAVE
Bell	Tyla	SUNDAY - 10 KM	10AM WAVE - PRIZE WAVE
Bell	Beccy	SUNDAY - 10 KM	11.40AM WAVE
Benson	Nicole	SUNDAY - 10 KM	12:00PM WAVE
Bewley	Adam	SUNDAY - 10 KM	13.40PM WAVE
Bigrigg	Tracey	SUNDAY - 10 KM	12.40PM WAVE
Bird	Andrew	SUNDAY - 10 KM	13:00PM WAVE
Black	Isla	SUNDAY - 10 KM	10AM WAVE - PRIZE WAVE
Black	David	SUNDAY - 10 KM	11:00AM WAVE
Blackwell	Scott	SUNDAY - 10 KM	10.20AM WAVE
blain	Victoria	SUNDAY - 10 KM	13.40PM WAVE
Bland	Jonny	SUNDAY - 10 KM	11:20AM WAVE
Bland	Cameron	SUNDAY - 10 KM	11:20AM WAVE
Bowman	Kevin	SUNDAY - 10 KM	10.20AM WAVE
Bowman	Catherine	SUNDAY - 10 KM	10.20AM WAVE
Bowman	Ru	SUNDAY - 10 KM	11:00AM WAVE
Boydell	Craig	SUNDAY - 10 KM	11:00AM WAVE

Boyle	Matthew	SUNDAY - 10 KM	11:00AM WAVE
Bradshaw	Charlie	SUNDAY - 10 KM	11:00AM WAVE
Brennan	Suzie	SUNDAY - 10 KM	10AM WAVE - PRIZE WAVE
Brennan	Amy	SUNDAY - 10 KM	12:00PM WAVE
Brett	Terry	SUNDAY - 10 KM	11:00AM WAVE
Briggs	David	SUNDAY - 10 KM	10AM WAVE - PRIZE WAVE
Brookes	Elizabeth	SUNDAY - 10 KM	11:00AM WAVE
Brown	Alison	SUNDAY - 10 KM	13.40PM WAVE
bryson	chantelle	SUNDAY - 10 KM	13:00PM WAVE
Bukholcz	Katalin	SUNDAY - 10 KM	11.40AM WAVE
Burnett	Darren	SUNDAY - 10 KM	11:00PM WAVE
Burns	Laura Ann	SUNDAY - 10 KM	11:00AM WAVE
Buschmann	Ariane	SUNDAY - 10 KM	11.40AM WAVE
Butterworth	John	SUNDAY - 10 KM	12:20PM WAVE
Caine	Brett	SUNDAY - 10 KM	12:00PM WAVE
Calvin	Craig	SUNDAY - 10 KM	11.40AM WAVE
Carr	Rebecca	SUNDAY - 10 KM	12.40PM WAVE
Carruthers	Tracey	SUNDAY - 10 KM	10.20AM WAVE
Carruthers	Carol	SUNDAY - 10 KM	10.40AM - WAVE
Carruthers	Dave	SUNDAY - 10 KM	10.40AM - WAVE
Castillo Oliver	Diego	SUNDAY - 10 KM	12.40PM WAVE
Champkins	Brian	SUNDAY - 10 KM	10AM WAVE - PRIZE WAVE
Charters	Callum	SUNDAY - 10 KM	13.40PM WAVE
Chastey	Joshua	SUNDAY - 10 KM	11:00AM WAVE
Chetwynd	Steven	SUNDAY - 10 KM	11.40AM WAVE
Clarke	Simon	SUNDAY - 10 KM	13:00PM WAVE
Coates	Sharon	SUNDAY - 10 KM	11:00AM WAVE
Connelly	Rebecca	SUNDAY - 10 KM	10AM WAVE - PRIZE WAVE
Cork	Jonathan	SUNDAY - 10 KM	11:00PM WAVE
Cornell	Lynne	SUNDAY - 10 KM	12:00PM WAVE
Cottam	Richard	SUNDAY - 10 KM	10.20AM WAVE
Couper	Alistair	SUNDAY - 10 KM	10.20AM WAVE
Cowperthwaite	Lisa	SUNDAY - 10 KM	11:20AM WAVE
Cropley	Anthony	SUNDAY - 10 KM	12:00PM WAVE
Crowe	Lynzi	SUNDAY - 10 KM	12:20PM WAVE
Csano	Panna	SUNDAY - 10 KM	11.40AM WAVE
Curran	Martin	SUNDAY - 10 KM	13:00PM WAVE
Currie	Martyn	SUNDAY - 10 KM	11:20AM WAVE
Dakers	Jemma	SUNDAY - 10 KM	11.40AM WAVE
Davidson	Lynne	SUNDAY - 10 KM	10AM WAVE - PRIZE WAVE
Davidson	Sarah	SUNDAY - 10 KM	10AM WAVE - PRIZE WAVE
Davidson	James	SUNDAY - 10 KM	11:00AM WAVE
Davies	Glynn	SUNDAY - 10 KM	11:00AM WAVE
Davies	Andrew	SUNDAY - 10 KM	12:20PM WAVE
Day	Rebecca	SUNDAY - 10 KM	10.40AM - WAVE
Day	Ryan	SUNDAY - 10 KM	12:00PM WAVE
Deeney	Anne	SUNDAY - 10 KM	11:00AM WAVE
Delaney	Martin	SUNDAY - 10 KM	12:00PM WAVE

Dickinson	Clara	SUNDAY - 10 KM	11.40AM WAVE
Dickinson	Nikki	SUNDAY - 10 KM	11:00AM WAVE
Dickinson	Neil	SUNDAY - 10 KM	11:00AM WAVE
Dickinson	Sarah	SUNDAY - 10 KM	11:00AM WAVE
Dickinson	David	SUNDAY - 10 KM	11:00AM WAVE
Dixon	Chris	SUNDAY - 10 KM	13:00PM WAVE
Docherty	Richard	SUNDAY - 10 KM	11:00AM WAVE
Dodd	Sarah	SUNDAY - 10 KM	13.40PM WAVE
Dodds	John	SUNDAY - 10 KM	10.40AM - WAVE
Dodgson	Barry	SUNDAY - 10 KM	10AM WAVE - PRIZE WAVE
Dodgson	Sarah	SUNDAY - 10 KM	10AM WAVE - PRIZE WAVE
Dodson	Cath	SUNDAY - 10 KM	12:00PM WAVE
Drury	Kelly	SUNDAY - 10 KM	12:20PM WAVE
Duggan	Nicola	SUNDAY - 10 KM	11.40AM WAVE
Dunn	Nathan	SUNDAY - 10 KM	10.20AM WAVE
Empson	Michael	SUNDAY - 10 KM	11:00AM WAVE
Everett	Richard	SUNDAY - 10 KM	10AM WAVE - PRIZE WAVE
Farmer	Marc	SUNDAY - 10 KM	11:00AM WAVE
Farmer	Paul	SUNDAY - 10 KM	11:00AM WAVE
Farmer	Robert	SUNDAY - 10 KM	12:00PM WAVE
Feasey	Kayleigh	SUNDAY - 10 KM	11:20AM WAVE
Feddon	Paul	SUNDAY - 10 KM	13:00PM WAVE
Felgyoi	Katalin	SUNDAY - 10 KM	11.40AM WAVE
Fell	Andrew	SUNDAY - 10 KM	11:20AM WAVE
Ferencz	Krisztina	SUNDAY - 10 KM	11.40AM WAVE
Fisher	Thomas	SUNDAY - 10 KM	11:00AM WAVE
Fisher	Ben	SUNDAY - 10 KM	11:20AM WAVE
Fontana	Lee	SUNDAY - 10 KM	12:00PM WAVE
Forster	Steven	SUNDAY - 10 KM	13.40PM WAVE
foster	mark	SUNDAY - 10 KM	10.20AM WAVE
Foster	Matty	SUNDAY - 10 KM	11:00AM WAVE
Foster	Chris	SUNDAY - 10 KM	12:20PM WAVE
Fox-Everett	Caroline	SUNDAY - 10 KM	10AM WAVE - PRIZE WAVE
Frazer	Mike	SUNDAY - 10 KM	12:20PM WAVE
Frazer	Barry	SUNDAY - 10 KM	12:20PM WAVE
Gallagher	Carla	SUNDAY - 10 KM	11:00AM WAVE
Gannon	Joe	SUNDAY - 10 KM	10.20AM WAVE
Garbutt	Lee	SUNDAY - 10 KM	11:20AM WAVE
Gibson	Emma	SUNDAY - 10 KM	10AM WAVE - PRIZE WAVE
Gifford	Kelvin	SUNDAY - 10 KM	12:20PM WAVE
Gilmour	Ben	SUNDAY - 10 KM	11:00AM WAVE
glen	steven	SUNDAY - 10 KM	12:00PM WAVE
Golby	Catherine	SUNDAY - 10 KM	11:00AM WAVE
Goldsbrough	caroline	SUNDAY - 10 KM	13.40PM WAVE
Gorman	Conner	SUNDAY - 10 KM	12:00PM WAVE
Graham	Andy	SUNDAY - 10 KM	10AM WAVE - PRIZE WAVE
Graham	Lexy	SUNDAY - 10 KM	11:00AM WAVE
Grant	Sylvia	SUNDAY - 10 KM	10.20AM WAVE

Griffiths	Rachael	SUNDAY - 10 KM	12:00PM WAVE
Hall	Emma	SUNDAY - 10 KM	11:00AM WAVE
Hamilton	Bridget	SUNDAY - 10 KM	11:00AM WAVE
Hancock	Sean	SUNDAY - 10 KM	11:00PM WAVE
Hannah	Capstick	SUNDAY - 10 KM	10.20AM WAVE
Harper	Sarah	SUNDAY - 10 KM	10AM WAVE - PRIZE WAVE
harris	judith	SUNDAY - 10 KM	11:00AM WAVE
Harrison	Jack	SUNDAY - 10 KM	13.40PM WAVE
Harrison	Rachel	SUNDAY - 10 KM	13.40PM WAVE
Havery	Stuart	SUNDAY - 10 KM	11:20AM WAVE
Hawkins	Paul	SUNDAY - 10 KM	12:00PM WAVE
Hazell	Jane	SUNDAY - 10 KM	11:00AM WAVE
Helliwell	Laura	SUNDAY - 10 KM	11:00AM WAVE
Heron	Darren	SUNDAY - 10 KM	10.20AM WAVE
Hill	Charlotte	SUNDAY - 10 KM	10.40AM - WAVE
Hodgkiss	Lee	SUNDAY - 10 KM	11:00AM WAVE
Hodgson	Ryan	SUNDAY - 10 KM	10AM WAVE - PRIZE WAVE
Howe	Phil	SUNDAY - 10 KM	11.40AM WAVE
Howe	Kieran	SUNDAY - 10 KM	11:00AM WAVE
Howe	Samantha	SUNDAY - 10 KM	11:20AM WAVE
Howe	Steven	SUNDAY - 10 KM	11:20AM WAVE
hubbard	reece	SUNDAY - 10 KM	12:00PM WAVE
Huddart	Janene	SUNDAY - 10 KM	10.20AM WAVE
Hudson	Kevin	SUNDAY - 10 KM	11:20AM WAVE
Hudson	Shameem	SUNDAY - 10 KM	11:20AM WAVE
Hughes	Martin	SUNDAY - 10 KM	12:20PM WAVE
Hunter	Ben	SUNDAY - 10 KM	10.20AM WAVE
Hunter	Dave	SUNDAY - 10 KM	12:20PM WAVE
Hurst	Luke	SUNDAY - 10 KM	10.20AM WAVE
ian	kirkby	SUNDAY - 10 KM	12:00PM WAVE
Ion	Jo	SUNDAY - 10 KM	11:00AM WAVE
Ivison	Penny	SUNDAY - 10 KM	11.40AM WAVE
Jackson	Lorraine	SUNDAY - 10 KM	11.40AM WAVE
Jackson	Josie-Leigh	SUNDAY - 10 KM	11:00AM WAVE
jackson	carl	SUNDAY - 10 KM	11:20AM WAVE
Jacques	Angela	SUNDAY - 10 KM	11.40AM WAVE
James	Peter	SUNDAY - 10 KM	11:00AM WAVE
Jardine	Ryan	SUNDAY - 10 KM	11:00AM WAVE
Jenkinson	Jason	SUNDAY - 10 KM	10.20AM WAVE
jennings	lawrence	SUNDAY - 10 KM	10AM WAVE - PRIZE WAVE
Johnson	Daniel	SUNDAY - 10 KM	10.20AM WAVE
Johnson	Aimie	SUNDAY - 10 KM	10AM WAVE - PRIZE WAVE
jones	Joshua	SUNDAY - 10 KM	11:00AM WAVE
Jones	G	SUNDAY - 10 KM	11:00AM WAVE
Juan dees	Karen	SUNDAY - 10 KM	10AM WAVE - PRIZE WAVE
Kelton	Stacey	SUNDAY - 10 KM	10AM WAVE - PRIZE WAVE
Kemp	Graham	SUNDAY - 10 KM	12:20PM WAVE
Kennedy	Sarah	SUNDAY - 10 KM	10AM WAVE - PRIZE WAVE

Kennedy-Bowsher	Ciaran	SUNDAY - 10 KM	13.40PM WAVE
Kerr	Annie	SUNDAY - 10 KM	11:00AM WAVE
Kippen	Chloe	SUNDAY - 10 KM	13:00PM WAVE
Kirby	Mark Andrew	SUNDAY - 10 KM	12:00PM WAVE
Kirkbride	Ellis	SUNDAY - 10 KM	11:00AM WAVE
Kirkby	Joshua	SUNDAY - 10 KM	12:00PM WAVE
Kirkby	Richard	SUNDAY - 10 KM	12:00PM WAVE
Kirkwood	Paul	SUNDAY - 10 KM	11:00AM WAVE
Larkin	Michelle	SUNDAY - 10 KM	11:00AM WAVE
Lavender	John	SUNDAY - 10 KM	10.20AM WAVE
Lee	Jak	SUNDAY - 10 KM	13.40PM WAVE
Leek	Andy	SUNDAY - 10 KM	11:20AM WAVE
Lilley	Hannah	SUNDAY - 10 KM	11:00AM WAVE
Ling	Callum	SUNDAY - 10 KM	11:00AM WAVE
Little	Mandy	SUNDAY - 10 KM	10.20AM WAVE
Little	Daniel	SUNDAY - 10 KM	10AM WAVE - PRIZE WAVE
Little	Nick	SUNDAY - 10 KM	12:20PM WAVE
Littlefair	Patricia	SUNDAY - 10 KM	11:00AM WAVE
Lofthouse	Justine	SUNDAY - 10 KM	11.40AM WAVE
Long	Sarah	SUNDAY - 10 KM	11:00AM WAVE
Lyall	Hannah	SUNDAY - 10 KM	13.40PM WAVE
Lyons	Sara	SUNDAY - 10 KM	11:00AM WAVE
MacLennan	Anne	SUNDAY - 10 KM	11:00AM WAVE
Mallin	Craig	SUNDAY - 10 KM	12:20PM WAVE
Marshall	Darren	SUNDAY - 10 KM	12:00PM WAVE
Marshall	Darren	SUNDAY - 10 KM	12:00PM WAVE
Marshall	Darren	SUNDAY - 10 KM	12:00PM WAVE
Martin	Sancha	SUNDAY - 10 KM	11:00AM WAVE
Martin	Alex	SUNDAY - 10 KM	12:00PM WAVE
Masterton	Lynda	SUNDAY - 10 KM	10.20AM WAVE
Mattinson	Mary	SUNDAY - 10 KM	12:00PM WAVE
Mattinson	Hannah	SUNDAY - 10 KM	13.40PM WAVE
Matyjanka	Kamil	SUNDAY - 10 KM	11:00AM WAVE
May	Helen	SUNDAY - 10 KM	11:00AM WAVE
Mc	Anna	SUNDAY - 10 KM	10.20AM WAVE
McAlindon	Patrick	SUNDAY - 10 KM	10.40AM - WAVE
McAlindon	Gareth	SUNDAY - 10 KM	10.40AM - WAVE
McAteer	Niall	SUNDAY - 10 KM	10.20AM WAVE
McCarton	Macaulay	SUNDAY - 10 KM	10.40AM - WAVE
McCormick	Kim	SUNDAY - 10 KM	10.20AM WAVE
McGarry	Sarah-Jane	SUNDAY - 10 KM	11:00AM WAVE
McKeeve	Mark	SUNDAY - 10 KM	11:00AM WAVE
Mcknight	phoenix	SUNDAY - 10 KM	12:00PM WAVE
Mclaughlin	Emma	SUNDAY - 10 KM	11.40AM WAVE
McMillan	Sonia	SUNDAY - 10 KM	10AM WAVE - PRIZE WAVE
McNeil	Karen	SUNDAY - 10 KM	11:00AM WAVE
Medcalfe	Adrian	SUNDAY - 10 KM	13.40PM WAVE
Meikle	Wullie	SUNDAY - 10 KM	13.40PM WAVE

Mein	Susan	SUNDAY - 10 KM	10.20AM WAVE
Metcalfe	Ian	SUNDAY - 10 KM	11:00AM WAVE
Metherell	Andrew	SUNDAY - 10 KM	12:20PM WAVE
Middleton	Stuart	SUNDAY - 10 KM	11:20AM WAVE
Middleton	Sam	SUNDAY - 10 KM	11:20AM WAVE
Miln	Craig	SUNDAY - 10 KM	10.20AM WAVE
Mitchell	Elly	SUNDAY - 10 KM	11:00AM WAVE
Mitchell	Thomas Craig	SUNDAY - 10 KM	13.40PM WAVE
Moffatt	Liam	SUNDAY - 10 KM	10.20AM WAVE
Moody	Ella	SUNDAY - 10 KM	11:00AM WAVE
Mounsey	Stuart	SUNDAY - 10 KM	13.40PM WAVE
Mulraine	Sally	SUNDAY - 10 KM	11:00AM WAVE
Mulraine	Lee	SUNDAY - 10 KM	11:00AM WAVE
Murphy	Reece	SUNDAY - 10 KM	10.20AM WAVE
Nelson	Gavin	SUNDAY - 10 KM	12:20PM WAVE
Newby	Sarah	SUNDAY - 10 KM	10.20AM WAVE
Nicholson	Jake	SUNDAY - 10 KM	10.20AM WAVE
Nicholson	Rebecca	SUNDAY - 10 KM	11:00AM WAVE
Nicholson	Jane	SUNDAY - 10 KM	13:00PM WAVE
Nixon	Elaine	SUNDAY - 10 KM	10.20AM WAVE
Nixon	Chloe	SUNDAY - 10 KM	11:00AM WAVE
Norendal	Craig	SUNDAY - 10 KM	12:00PM WAVE
Norendal	Luke	SUNDAY - 10 KM	12:00PM WAVE
Oliver	Sam	SUNDAY - 10 KM	12:20PM WAVE
Osgood	Lee	SUNDAY - 10 KM	10AM WAVE - PRIZE WAVE
owen	sarah	SUNDAY - 10 KM	10AM WAVE - PRIZE WAVE
Palmer	Kelly	SUNDAY - 10 KM	12:00PM WAVE
Park	Dan	SUNDAY - 10 KM	11:00AM WAVE
Parkin	Katie	SUNDAY - 10 KM	10.40AM - WAVE
Parkin	Lee	SUNDAY - 10 KM	10.40AM - WAVE
Parry	Oliver	SUNDAY - 10 KM	12:00PM WAVE
Patterson	Dennis	SUNDAY - 10 KM	11:00AM WAVE
Patterson	Dylan	SUNDAY - 10 KM	12:00PM WAVE
Pattinson	Darren	SUNDAY - 10 KM	11:00AM WAVE
Payton	Chris	SUNDAY - 10 KM	10.40AM - WAVE
Pearson	Adam	SUNDAY - 10 KM	11:20AM WAVE
Pedo	Tomasz	SUNDAY - 10 KM	11:00AM WAVE
PEDO	LUKASZ	SUNDAY - 10 KM	11:00AM WAVE
Pennington	David	SUNDAY - 10 KM	11:00AM WAVE
Pilkington	David	SUNDAY - 10 KM	11:20AM WAVE
potter	alex	SUNDAY - 10 KM	11:00AM WAVE
Poyner	Andrew	SUNDAY - 10 KM	10.20AM WAVE
Preston	Kyle	SUNDAY - 10 KM	12:00PM WAVE
Rae	Sarah	SUNDAY - 10 KM	10AM WAVE - PRIZE WAVE
Raner	Adam	SUNDAY - 10 KM	10AM WAVE - PRIZE WAVE
Raybould	Richard	SUNDAY - 10 KM	12:20PM WAVE
Reay	Sarah	SUNDAY - 10 KM	10.40AM - WAVE
Reay	Emma	SUNDAY - 10 KM	11.40AM WAVE

Reed	Francis Winn	SUNDAY - 10 KM	10.20AM WAVE
Reed	Fiona	SUNDAY - 10 KM	10.20AM WAVE
Reed	Lucy	SUNDAY - 10 KM	10.40AM - WAVE
Reese	Andrea	SUNDAY - 10 KM	11.40AM WAVE
Relph	Robert	SUNDAY - 10 KM	11:00AM WAVE
Render	Claire	SUNDAY - 10 KM	10AM WAVE - PRIZE WAVE
Reynolds	Phil	SUNDAY - 10 KM	10.20AM WAVE
Richardson	Lisa	SUNDAY - 10 KM	10AM WAVE - PRIZE WAVE
Riddick	James Scott	SUNDAY - 10 KM	12:00PM WAVE
Ridding	Thomas	SUNDAY - 10 KM	13:00PM WAVE
Ridley	Annette	SUNDAY - 10 KM	11:00AM WAVE
Ridley	Guy	SUNDAY - 10 KM	13.40PM WAVE
Ridley	Lizzie	SUNDAY - 10 KM	13.40PM WAVE
Robe	Matthew Sear	SUNDAY - 10 KM	12:00PM WAVE
Robinson	Rachel	SUNDAY - 10 KM	10.20AM WAVE
Robinson	DEAN	SUNDAY - 10 KM	11:20AM WAVE
Robinson	Sheridan	SUNDAY - 10 KM	12:20PM WAVE
Robson	Alice	SUNDAY - 10 KM	11:00AM WAVE
robson	chris	SUNDAY - 10 KM	12:00PM WAVE
Roe	Rebecca	SUNDAY - 10 KM	12:00PM WAVE
Rollason	Melissa	SUNDAY - 10 KM	12:00PM WAVE
Rollason	Paul	SUNDAY - 10 KM	12:00PM WAVE
Rollason	Iain	SUNDAY - 10 KM	12:00PM WAVE
Rome	Rachael	SUNDAY - 10 KM	13.40PM WAVE
Sabuda	Stefan	SUNDAY - 10 KM	10AM WAVE - PRIZE WAVE
Salkeld	Mike	SUNDAY - 10 KM	10.20AM WAVE
Sanicki	Dariusz	SUNDAY - 10 KM	11:20AM WAVE
Schofield	Christopher	SUNDAY - 10 KM	12:00PM WAVE
Scott	Jamie	SUNDAY - 10 KM	11:00AM WAVE
Sewell	Rob	SUNDAY - 10 KM	13.40PM WAVE
Shannon	Jack	SUNDAY - 10 KM	11:00AM WAVE
Sharpe	Stephanie	SUNDAY - 10 KM	10.20AM WAVE
Sharpe	Lucy	SUNDAY - 10 KM	13.40PM WAVE
Sharrock	Graham	SUNDAY - 10 KM	13:00PM WAVE
Shaw	Emily	SUNDAY - 10 KM	13:00PM WAVE
Sives	Anna	SUNDAY - 10 KM	11:00AM WAVE
Skelhorn	Peter	SUNDAY - 10 KM	11:00AM WAVE
Skelhorn	Rachel	SUNDAY - 10 KM	11:00AM WAVE
Skinner	Andrea	SUNDAY - 10 KM	11:00AM WAVE
Smith	Lorraine	SUNDAY - 10 KM	10.20AM WAVE
Smith	Sarah	SUNDAY - 10 KM	10.20AM WAVE
Smith	Antonia	SUNDAY - 10 KM	11:00AM WAVE
Sparkes-McSevich	Kate	SUNDAY - 10 KM	10.40AM - WAVE
Spears	Carl	SUNDAY - 10 KM	10AM WAVE - PRIZE WAVE
Spooner	Matthew	SUNDAY - 10 KM	11:00AM WAVE
Stephenson	Bethany	SUNDAY - 10 KM	10.40AM - WAVE
Stephenson	Dominic	SUNDAY - 10 KM	11:00AM WAVE
Stevens	Gillian	SUNDAY - 10 KM	10AM WAVE - PRIZE WAVE

Stewart	Lucy	SUNDAY - 10 KM	10.20AM WAVE
Stewart	Nick	SUNDAY - 10 KM	10.20AM WAVE
Stewart	Louise	SUNDAY - 10 KM	11:00AM WAVE
Stockton	Richard	SUNDAY - 10 KM	12:00PM WAVE
Stokes	Mark	SUNDAY - 10 KM	12:20PM WAVE
Storey	Gavin	SUNDAY - 10 KM	12:00PM WAVE
Storton	Amy	SUNDAY - 10 KM	11:00AM WAVE
Styth	Carl	SUNDAY - 10 KM	12:20PM WAVE
Surman	Laura	SUNDAY - 10 KM	13:00PM WAVE
Sweetman	Andy	SUNDAY - 10 KM	10AM WAVE - PRIZE WAVE
Sweetman	Nick	SUNDAY - 10 KM	10AM WAVE - PRIZE WAVE
Swinson	Sarah	SUNDAY - 10 KM	11:00AM WAVE
Sword	Matty	SUNDAY - 10 KM	10.40AM - WAVE
Tait	Fergus	SUNDAY - 10 KM	11:00AM WAVE
Taylor	Jane	SUNDAY - 10 KM	11.40AM WAVE
Taylor	Mark	SUNDAY - 10 KM	11:00AM WAVE
Taylor	Stuart	SUNDAY - 10 KM	12:00PM WAVE
Teasdale	David	SUNDAY - 10 KM	11:00AM WAVE
Thirlaway	Micky	SUNDAY - 10 KM	10.40AM - WAVE
Thompson	Jack	SUNDAY - 10 KM	11:00AM WAVE
Thompson	Darren	SUNDAY - 10 KM	12:20PM WAVE
Thomson	Adam	SUNDAY - 10 KM	12:00PM WAVE
Thorburn	Richard	SUNDAY - 10 KM	11:20AM WAVE
Tilley	Erin	SUNDAY - 10 KM	13.40PM WAVE
Timpson	Alison	SUNDAY - 10 KM	10.20AM WAVE
Tippey	Nick	SUNDAY - 10 KM	10AM WAVE - PRIZE WAVE
Tracey	Hunter	SUNDAY - 10 KM	10AM WAVE - PRIZE WAVE
Trot	Paul	SUNDAY - 10 KM	12:00PM WAVE
Trotter	Craig	SUNDAY - 10 KM	10.20AM WAVE
Tuddenham	Allison	SUNDAY - 10 KM	10AM WAVE - PRIZE WAVE
Turley	Scott	SUNDAY - 10 KM	12:20PM WAVE
Turley	Holly	SUNDAY - 10 KM	12:20PM WAVE
Tyler	Maximillian Tr	SUNDAY - 10 KM	12:00PM WAVE
Walker	Bethann	SUNDAY - 10 KM	10.20AM WAVE
Walsh	Nichola	SUNDAY - 10 KM	12:00PM WAVE
Walters	Natalie	SUNDAY - 10 KM	11:00AM WAVE
Ward	Max	SUNDAY - 10 KM	12:00PM WAVE
Ward	James	SUNDAY - 10 KM	13.40PM WAVE
Ware	Becky	SUNDAY - 10 KM	10.20AM WAVE
Watson	Daniel	SUNDAY - 10 KM	11.40AM WAVE
Watson	Paul	SUNDAY - 10 KM	11.40AM WAVE
Watson	Kenny	SUNDAY - 10 KM	11:00AM WAVE
Watson	Craig	SUNDAY - 10 KM	11:00AM WAVE
Watson	Lesley	SUNDAY - 10 KM	11:00AM WAVE
Watson	Aimee	SUNDAY - 10 KM	13.40PM WAVE
Watson	Laura	SUNDAY - 10 KM	13.40PM WAVE
Wagh	Ian	SUNDAY - 10 KM	11:00AM WAVE
Whalley	Paul	SUNDAY - 10 KM	10.40AM - WAVE

Whitfield	Whitney	SUNDAY - 10 KM	13.40PM WAVE
Williams	Stuart	SUNDAY - 10 KM	10AM WAVE - PRIZE WAVE
Williamson	Kyle	SUNDAY - 10 KM	11:00PM WAVE
Williamson	David	SUNDAY - 10 KM	13.40PM WAVE
Williamson	Mary	SUNDAY - 10 KM	13.40PM WAVE
Wills	Katie	SUNDAY - 10 KM	13.40PM WAVE
Wilson	Emily	SUNDAY - 10 KM	10.20AM WAVE
Wilson	Darren	SUNDAY - 10 KM	11:20AM WAVE
Wilson	Trevor	SUNDAY - 10 KM	11:20AM WAVE
Withers	Jennifer	SUNDAY - 10 KM	12:00PM WAVE
Woodroffe-smith	Claire	SUNDAY - 10 KM	11:00AM WAVE
Wrathall	Greg	SUNDAY - 10 KM	13.40PM WAVE
wright	Vicki	SUNDAY - 10 KM	10.20AM WAVE
Wright	Annais	SUNDAY - 10 KM	10AM WAVE - PRIZE WAVE
Wyeth	Alice	SUNDAY - 10 KM	12:20PM WAVE
Wykes	Surele	SUNDAY - 10 KM	10.40AM - WAVE
Young	Lorna	SUNDAY - 10 KM	10AM WAVE - PRIZE WAVE
Young	Jonathan	SUNDAY - 10 KM	12:00PM WAVE

SUNDAY 10MILE

Last Name	First Name	Event	Wave Time
Akdeniz	Ashley	SUNDAY - 10 MILE	9.00AM - PRIZE WAVE
Bagshaw	Ian	SUNDAY - 10 MILE	9:20AM WAVE
Bentham	Andy	SUNDAY - 10 MILE	9.00AM - PRIZE WAVE
Blakey	Lois	SUNDAY - 10 MILE	9:20AM WAVE
Briggs	Alexander	SUNDAY - 10 MILE	9.00AM - PRIZE WAVE
Burgess	Mark	SUNDAY - 10 MILE	9.00AM - PRIZE WAVE
Chuddey	Jonathan	SUNDAY - 10 MILE	9:20AM WAVE
Clapperton	William	SUNDAY - 10 MILE	9:20AM WAVE
Compson	Kelly	SUNDAY - 10 MILE	9.00AM - PRIZE WAVE
Cope	Steve	SUNDAY - 10 MILE	9:20AM WAVE
Cope	Claire	SUNDAY - 10 MILE	9:20AM WAVE
Curtis	Caroline	SUNDAY - 10 MILE	9:20AM WAVE
Fitzpatrick	Louise	SUNDAY - 10 MILE	9:20AM WAVE
Fox	Tom	SUNDAY - 10 MILE	9:20AM WAVE
Goldsack	Graeme	SUNDAY - 10 MILE	9.00AM - PRIZE WAVE
Gowling	Alan	SUNDAY - 10 MILE	9.00AM - PRIZE WAVE
Hoskins	Jock	SUNDAY - 10 MILE	9:20AM WAVE
Jones	Lewis	SUNDAY - 10 MILE	9.00AM - PRIZE WAVE
Jones	Shaun	SUNDAY - 10 MILE	9.00AM - PRIZE WAVE
King	Rob	SUNDAY - 10 MILE	9.00AM - PRIZE WAVE
Kitson	Ron	SUNDAY - 10 MILE	9:20AM WAVE
Law	Vikki	SUNDAY - 10 MILE	9:20AM WAVE
Macdonald	Abigail	SUNDAY - 10 MILE	9.00AM - PRIZE WAVE
Mcdonald	Carl	SUNDAY - 10 MILE	9:20AM WAVE
Pearce	Michael	SUNDAY - 10 MILE	9:20AM WAVE
Robbins	Mike	SUNDAY - 10 MILE	9:20AM WAVE

Robertson	Ian	SUNDAY - 10 MILE	9:20AM WAVE
scott	antony	SUNDAY - 10 MILE	9:20AM WAVE
Sellars	Lauren	SUNDAY - 10 MILE	9:20AM WAVE
Smith	Christopher	SUNDAY - 10 MILE	9.00AM - PRIZE WAVE
Southgate	Marc	SUNDAY - 10 MILE	9:20AM WAVE
Watson	Emma	SUNDAY - 10 MILE	9:20AM WAVE
Wolstenholme	Matt	SUNDAY - 10 MILE	9:20AM WAVE